Race - F including FV40, FV45, FV50 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	464	Esther Dickson	Newry AC	F	02:08:35	
2nd	486	Gillian Wasson	Ballymena Runners	FV40	02:18:09	+00:09:3
3rd	449	Sarah Graham	Mourne Runners	F	02:19:33	+00:10:5
4th	454	Shileen O'Kane	Lagan Valley AC	FV45	02:19:48	+00:11:1
5th	451	Beverly Herron	Mourne Runners	F	03:03:13	+00:54:3
6th	476	Anne Sandford	Mourne Runners	FV50	03:03:15	+00:54:4
	460	Sharon Dickinson	Lagan Valley AC	FV40	mF	

Race - FV40 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	486	Gillian Wasson	Ballymena Runners	FV40	02:18:09	
	460	Sharon Dickinson	Lagan Valley AC	FV40	mF	

Race - FV45 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	454	Shileen O'Kane	Lagan Valley AC	FV45	02:19:48	

Race - FV50 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	476	Anne Sandford	Mourne Runners	FV50	03:03:15	

Race - M including MU21, MV40, MV45, MV50, MV55, MV60, MV65, MV70 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	485	Seamus Lynch	Newcastle AC	M	01:47:00	
2nd	469	Jonny Steede	Glens Runners	M	01:47:05	+00:00:0
3rd	466	Keiron Kelly	Newry AC	MV45	01:47:52	+00:00:5
4th	471	Pete Grant	Newcastle AC	MV50	02:06:37	+00:19:3
5th	455	Alex Brennan	Springwell AC	MV40	02:06:48	+00:19:4
6th	484	Oisin Brennan	Springwell AC	MU21	02:07:57	+00:20:5
7th	494	Gary Warnock	Unattached	M	02:08:14	+00:21:1
8th	465	Paul Le Blanc	Newry AC	MV55	02:13:39	+00:26:3
9th	490	David Hicks	Newcastle AC	M	02:16:09	+00:29:0
10th	497	Cathal McGreevy	Newry AC	MV50	02:18:57	+00:31:5
11th	448	Richard Hanna	Mourne Runners	M	02:19:01	+00:32:0
12th	467	Rory Mulvanney	Newry AC	M	02:19:02	+00:32:0
13th	489	Tim Lowry	Ballymena Runners	MV40	02:19:22	+00:32:2
14th	456	Andrew Tees	Orangegrove AC	M	02:19:28	+00:32:2
15th	482	Richard Bell	Mourne Runners	MV40	02:19:41	+00:32:4
16th	491	Alan Elwood	Dromore AC	MV45	02:19:44	+00:32:4
17th	495	Hamish Kerr	Unattached	M	02:28:50	+00:41:5
18th	488	Padraig Muldoon	Armagh AC	MV50	02:34:15	+00:47:1
19th	478	Paul Hollywood	Armagh AC	MV45	02:34:19	+00:47:1
20th	474	Gareth McKeown	BARF	MV55	02:34:54	+00:47:5
21st	462	Neil Andrews	East Down AC	M	02:34:57	+00:47:5
22nd	499	Francis Nugent	Blaney Rockets	MV50	02:34:59	+00:47:5

Flagstaff to Carlingford 2018

Race - M including MU21, MV40, MV45, MV50, MV55, MV60, MV65, MV70 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
23rd	477	Matt Crawford	BARF	M	02:35:16	+00:48:1
24th	343	Andy Gregg	Larne AC	MV50	02:36:33	+00:49:3
25th	483	Colin Brennan	Springwell AC	MV55	02:37:40	+00:50:4
26th	473	Michael Burton	Unattached	MV55	02:50:15	+01:03:1
27th	459	Graeme Potter	Unattached	M	02:50:22	+01:03:2
28th	453	Declan McElroy	Newcastle AC	MV50	02:50:39	+01:03:3
29th	461	Mark Weir	North Down AC	MV45	02:52:36	+01:05:3
30th	493	Jason Shevlin	Armagh AC	MV45	02:54:07	+01:07:0
31st	475	Trevor Wilson	BARF	MV55	02:54:28	+01:07:2
32nd	342	Andrew McGibbon	BARF	MV50	02:54:33	+01:07:3
33rd	496	Ricky Cowan	Mourne Runners	MV65	02:54:37	+01:07:3
34th	481	Roger Nicholson	BARF	MV50	02:55:18	+01:08:1
35th	452	Richard Vasey	East Coast AC	MV45	02:55:27	+01:08:2
36th	468	Connor Reid	Ballymena Runners	M	02:56:23	+01:09:2
37th	472	David Bell	Mourne Runners	MV55	03:03:31	+01:16:3
38th	458	Cormac Muldoon	Unattached	MV60	03:03:36	+01:16:3
39th	479	Ernest Hall	Dromore AC	MV65	03:03:39	+01:16:3
40th	450	Sam Herron	Mourne Runners	M	03:03:40	+01:16:4
41st	500	Martin Rafter	Blaney Rockets	MV50	03:16:39	+01:29:3
42nd	457	Alan Magee	Dromore AC	MV45	03:19:41	+01:32:4
43rd	487	W J Brown	Mourne Runners	MV65	03:22:51	+01:35:5
44th	470	Andrew Wallace	Ballydrain Harriers	MV50	03:35:29	+01:48:2
45th	480	Conor Barry	Piranha Triathlon	MV45	03:35:37	+01:48:3
46th	447	Ciarin McAleenan	Mourne Runners	MV55	03:47:24	+02:00:2
47th	498	Frankie Gorman	Blaney Rockets	MV50	03:47:26	+02:00:2
	463	Patsy McCreanor	IMRA	MV70	rtd	

Race - MU21 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	484	Oisin Brennan	Springwell AC	MU21	02:07:57	

Race - MV40 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	455	Alex Brennan	Springwell AC	MV40	02:06:48	
2nd	489	Tim Lowry	Ballymena Runners	MV40	02:19:22	+00:12:3
3rd	482	Richard Bell	Mourne Runners	MV40	02:19:41	+00:12:5

Race - MV45 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	466	Keiron Kelly	Newry AC	MV45	01:47:52	
2nd	491	Alan Elwood	Dromore AC	MV45	02:19:44	+00:31:5
3rd	478	Paul Hollywood	Armagh AC	MV45	02:34:19	+00:46:2
4th	461	Mark Weir	North Down AC	MV45	02:52:36	+01:04:4
5th	493	Jason Shevlin	Armagh AC	MV45	02:54:07	+01:06:1
6th	452	Richard Vasey	East Coast AC	MV45	02:55:27	+01:07:3
7th	457	Alan Magee	Dromore AC	MV45	03:19:41	+01:31:4

Race - MV45 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
8th	480	Conor Barry	Piranha Triathlon	MV45	03:35:37	+01:47:4

Race - MV50 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	471	Pete Grant	Newcastle AC	MV50	02:06:37	
2nd	497	Cathal McGreevy	Newry AC	MV50	02:18:57	+00:12:2
3rd	488	Padraig Muldoon	Armagh AC	MV50	02:34:15	+00:27:3
4th	499	Francis Nugent	Blaney Rockets	MV50	02:34:59	+00:28:2
5th	343	Andy Gregg	Larne AC	MV50	02:36:33	+00:29:5
6th	453	Declan McElroy	Newcastle AC	MV50	02:50:39	+00:44:0
7th	342	Andrew McGibbon	BARF	MV50	02:54:33	+00:47:5
8th	481	Roger Nicholson	BARF	MV50	02:55:18	+00:48:4
9th	500	Martin Rafter	Blaney Rockets	MV50	03:16:39	+01:10:0
10th	470	Andrew Wallace	Ballydrain Harriers	MV50	03:35:29	+01:28:5
11th	498	Frankie Gorman	Blaney Rockets	MV50	03:47:26	+01:40:4

Race - MV55 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	465	Paul Le Blanc	Newry AC	MV55	02:13:39	
2nd	474	Gareth McKeown	BARF	MV55	02:34:54	+00:21:1
3rd	483	Colin Brennan	Springwell AC	MV55	02:37:40	+00:24:0
4th	473	Michael Burton	Unattached	MV55	02:50:15	+00:36:3
5th	475	Trevor Wilson	BARF	MV55	02:54:28	+00:40:4
6th	472	David Bell	Mourne Runners	MV55	03:03:31	+00:49:5
7th	447	Ciarin McAleenan	Mourne Runners	MV55	03:47:24	+01:33:4

Race - MV60 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	458	Cormac Muldoon	Unattached	MV60	03:03:36	

Race - MV65 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	496	Ricky Cowan	Mourne Runners	MV65	02:54:37	
2nd	479	Ernest Hall	Dromore AC	MV65	03:03:39	+00:09:0
3rd	487	W J Brown	Mourne Runners	MV65	03:22:51	+00:28:1

Race - MV70 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
	463	Patsy McCreanor	IMRA	MV70	rtd	