

The 40th Flagstaff to Carlingford Race

June 16, 2019

RESULTS - PROVISIONAL

Race 11 miles 3000ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	65	Seamus Lynch	Newcastle AC	M	01:40:37	
2nd	369	Shane Lynch	Glenmore AC	M	01:45:24	+00:04:47
3rd	81	Oisín Brennan	Springwell AC	MU21	01:48:32	+00:07:55
4th	353	Neil Andrews	East Down AC	M	01:50:25	+00:09:48
5th	370	Paul McAnespie	Armagh AC	MV45	01:53:04	+00:12:27
6th	349	Esther Diickson	Newry AC	F	01:56:37	+00:16:00
7th	99	Andrew Tees	Orangetown AC	M	01:57:56	+00:17:19
8th	93	Steven Shields	Unattached	M	02:01:26	+00:20:49
9th	66	Pete Grant	Newcastle AC	MV50	02:01:29	+00:20:52
10th	64	Alistair Haddow	Unattached	MV55	02:01:54	+00:21:17
11th	88	Paul Hollywood	Armagh AC	MV45	02:03:03	+00:22:26
12th	360	Cathal McGreevy	Newry AC	MV50	02:04:09	+00:23:32
13th	91	Shileen O'Kane	Lagan Valley AC	FV50	02:04:17	+00:23:40
14th	92	Barry Mullan	Springwell AC	MV40	02:04:23	+00:23:46
15th	97	Ronan Davison Kernan	BARF	M	02:04:36	+00:23:59
16th	77	Rory Mulvaney	Newry AC	M	02:06:56	+00:26:19
17th	347	Adam Ervine	Newry AC	M	02:06:58	+00:26:21
18th	98	Jim Brown	BARF	MV55	02:07:16	+00:26:39
19th	80	Colin Brennan	Springwell AC	MV55	02:07:40	+00:27:03
20th	357	Tim Lowry	Ballymena Runners	MV45	02:08:28	+00:27:51
21st	90	Karen Wilton	Jog Lisburn	FV45	02:08:45	+00:28:08
22nd	69	Michael Burton	IMRA	MV55	02:09:05	+00:28:28
23rd	76	Craig McCauley	Mourne Runners	MV45	02:09:35	+00:28:58
24th	374	Bryan Magee	Larne AC	MV45	02:09:52	+00:29:15
25th	364	Gary Warnock	Unattached	M	02:10:39	+00:30:02
26th	373	Francis Nugent	Blayney Rockets	MV50	02:11:10	+00:30:33
27th	359	Alan Elwood	Dromore AC	MV45	02:11:27	+00:30:50
28th	95	Matt Crawford	BARF	M	02:12:02	+00:31:25
29th	345	Fearghal Delaney	Armagh AC	M	02:12:38	+00:32:01
30th	87	Lorcan Vallely	Armagh AC	M	02:13:59	+00:33:22
31st	355	Gerry Kingston	Newcastle AC	MV55	02:14:08	+00:33:31
32nd	363	Andrew Wallace	Ballydrain Harriers	MV50	02:17:14	+00:36:37
33rd	78	Mark Haynes	Armagh AC	MV40	02:18:45	+00:38:08
34th	79	Gareth Kelly	Armagh AC	MV40	02:19:06	+00:38:29
35th	348	Paul Le Blanc	Newry AC	MV55	02:19:15	+00:38:38
36th	82	Mark Weir	North Down AC	MV45	02:20:14	+00:39:37
37th	367	Leo Murray	Tir Chonaill AC	MV50	02:21:06	+00:40:29
38th	85	Shane McKenna	Unattached	M	02:22:55	+00:42:18
39th	86	Ciaran McAleenan	Mourne Runners	MV55	02:30:32	+00:49:55
40th	358	David Bell	Mourne Runners	MV55	02:32:19	+00:51:42
41st	354	Kevin Grogan	Unattached	MV60	02:33:32	+00:52:55
42nd	84	Stephen McCaffrey	Unattached	M	02:33:35	+00:52:58
43rd	362	Hazel McLaughlin	Lagan Valley AC	FV40	02:33:36	+00:52:59
44th	70	Damian Cunningham	Mourne Runners	MV50	02:35:57	+00:55:20
45th	361	Paulette Thomson	Newcastle AC	FV45	02:38:13	+00:57:36
46th	346	Horace de Courcey Wheeler	Dromore AC	MV55	02:41:28	+01:00:51
47th	68	Graeme Potter	Riada Triathlon	M	02:43:44	+01:03:07
48th	368	KaraLee Porter	Mourne Runners	FV40	02:44:33	+01:03:56

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Pos	No.	Name	Club	Cat	Time	Behind
49th	94	Lynne Spence	Mourne Runners	F	02:44:35	+01:03:58
50th	96	Richard Gamble	BARF	MV45	02:44:36	+01:03:59
51st	75	Ricky Cowan	Mourne Runners	MV70	02:57:23	+01:16:46
52nd	83	Jason Shevlin	Armagh AC	MV45	03:00:14	+01:19:37
53rd	74	Alan Beattie	Unattached	MV50	03:11:05	+01:30:28
54th	72	W J Brown	Mourne Runners	MV65	03:11:48	+01:31:11
55th	71	Stuart McNeilly	Unattached	M	03:11:55	+01:31:18
56th	352	Ciara Coffey	Newry AC	FV40	03:12:00	+01:31:23
57th	372	Martin Rafter	Blayney Rockets	MV50	03:19:35	+01:38:58
58th	344	Sharon Dickinson	Lagan Valley AC	FV40	03:19:37	+01:39:00
59th	73	Judith Robinson	Murlough AC	FV50	03:20:17	+01:39:40
60th	89	Michael Murphy	Lagan Valley Orienteers	MV55	03:20:36	+01:39:59
61st	67	Bronagh McInerney	Newcastle AC	FV45	03:20:55	+01:40:18
62nd	366	Nicola McIntyre	Jog Moira	FV45	03:24:24	+01:43:47
63rd	365	Charlie McQuillan	Jog Moira	M	03:24:27	+01:43:50
64th	371	Madalina McCrea	Jog Moira	FV45	03:57:31	+02:16:54
	356	Ciara Largey	Omagh Harriers	F		rtd