

# The Fallows 2022

March 19, 2022

## RESULTS - PROVISIONAL

### Race - M Open 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Timothy Johnston	Mourne Runners	M	01:14:58	
2nd	Jonathan Scott	Mourne Runners	M	01:15:38	+00:00:40
3rd	Adam Cunningham	Mourne Runners	M	01:15:50	+00:00:52
4th	Aaron McGrady	East Down AC	M	01:17:01	+00:02:03
5th	Jared Martin	Ballydrain Harriers	M	01:17:09	+00:02:11
6th	Jonny Steede	Glens Runners	MV40	01:20:01	+00:05:03
7th	Andrew Tees	BARF NI	MV40	01:20:08	+00:05:10
8th	Glynn Johnston	Unattached	MV40	01:24:05	+00:09:07
9th	Lee O'Boyle	Mallusk Harriers	M	01:24:16	+00:09:18
10th	David Hicks	Newcastle and District AC	MV40	01:24:18	+00:09:20
11th	Gary Bailey	Mourne Runners	MV40	01:25:47	+00:10:49
12th	Donal McMorland	Unattached	M	01:26:12	+00:11:14
13th	Mamraz Nagi	Unattached	MV40	01:26:30	+00:11:32
14th	Mark Adamson	BARF NI	M	01:27:35	+00:12:37
15th	Maurice Harte	Newry AC	MV45	01:29:29	+00:14:31
16th	Don Travers	Newry City Runners AC	MV45	01:30:39	+00:15:41
17th	Paul Le Blanc	Newry AC	MV60	01:30:41	+00:15:43
18th	Adam Ervine	Newry AC	M	01:31:58	+00:17:00
19th	Aidan Murray	Newry AC	MV40	01:32:04	+00:17:06
20th	J. P Gartland	Newcastle and District AC	MV40	01:32:14	+00:17:16
21st	Michael McAuley	Mallusk Harriers	MV40	01:33:03	+00:18:05
22nd	Jarlath Farrell	Newry City Runners AC	MV40	01:33:08	+00:18:10
23rd	Dale Mathers	Mourne Runners	MV55	01:33:47	+00:18:49
24th	Lorcan Healy	Omagh harriers	M	01:33:50	+00:18:52
25th	Mark McElroy	Newry AC	M	01:35:08	+00:20:10
26th	Martin Rea	Unattached	MV45	01:35:21	+00:20:23
27th	Warren Cartmill	Newry AC	MV50	01:35:23	+00:20:25
28th	Matt Crawford	NI Mountain Running Association	M	01:37:33	+00:22:35
29th	Brian McCann	Unattached	MV40	01:37:47	+00:22:49
30th	Jonathan Bell	Mourne Runners	MV40	01:37:50	+00:22:52
31st	Pete Grant	Newcastle and District AC	MV50	01:39:07	+00:24:09
32nd	Francis Nugent	Blayney Rockets	MV55	01:40:16	+00:25:18
33rd	Dominic McGreevy	Unattached	MV40	01:40:45	+00:25:47
34th	Paul Nixon	BARF NI	MV40	01:41:07	+00:26:09
35th	Andrew Willis	Jog Lisburn Running Club	MV45	01:41:11	+00:26:13
36th=	Ryan McGreevy	Unattached	M	01:41:45	+00:26:47
36th=	Dominic McGreevy	Newcastle and District AC	MV65	01:41:45	+00:26:47
38th	Gerry Kingston	Newcastle and District AC	MV55	01:42:33	+00:27:35
39th	George Savell	Unattached	M	01:43:00	+00:28:02
40th	Craig McCauley	Mourne Runners	MV45	01:43:40	+00:28:42
41st	Owen Boden	Unattached	MV40	01:44:02	+00:29:04
42nd	Jim Brown	BARF NI	MV60	01:44:25	+00:29:27
43rd	Brendan McKenna	Unattached	M	01:44:29	+00:29:31
44th	Peter McEvoy	Mourne Runners	M	01:44:34	+00:29:36
45th	Pearse Brogan	Newcastle and District AC	M	01:44:52	+00:29:54
46th	David Bell	Mourne Runners	MV60	01:46:45	+00:31:47
47th	Declan Mcelroy	Newcastle and District AC	MV55	01:47:02	+00:32:04
48th	Justin Black	North Down AC	MV45	01:47:48	+00:32:50
49th	Paul Moore	Unattached	MV40	01:48:45	+00:33:47
50th	Stephen Bickerstaff	Unattached	MV60	01:51:05	+00:36:07

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## RESULTS - PROVISIONAL

### Race - M Open 16km 800m

Pos	Name	Club	Cat	Time	Behind
51st	Ian Rainey	Newry City Runners AC	MV40	01:52:07	+00:37:09
52nd	Caolán Tierney	Unattached	M	01:52:15	+00:37:17
53rd	Steven Morgan	BARF NI	MV45	01:52:20	+00:37:22
54th	Patrick Mallon	BARF NI	MV55	01:53:55	+00:38:57
55th	Martin Coughlan	Unattached	MV50	01:54:06	+00:39:08
56th	Owen Brady	Newcastle and District AC	MV40	01:54:10	+00:39:12
57th	Brendan Boggs	Unattached	M	01:54:56	+00:39:58
58th	Stuart Maxwell	East Coast AC	MV45	01:57:01	+00:42:03
59th	Alan Magee	NI Mountain Running Association	MV50	01:57:18	+00:42:20
60th	Shirhaan Hameed	Springwell Running Club	MV40	01:59:16	+00:44:18
61st	Wilson McAlister	Jog Moira	MV60	01:59:52	+00:44:54
62nd	John Crawley	Unattached	MV50	02:03:34	+00:48:36
63rd	Alan Beatty	Unattached	MV55	02:05:13	+00:50:15
64th	Ryan Tierney	Unattached	MV40	02:05:55	+00:50:57
65th	Trevor Wilson	BARF NI	MV60	02:05:58	+00:51:00
66th	Clarke Campbell	BARF NI	MV50	02:11:21	+00:56:23
67th	Michael James Welsh Jr	Newry AC	M	02:12:49	+00:57:51
68th	Michael Welsh	Newry AC	MV55	02:12:51	+00:57:53
69th	Conor Duffy	Unattached	M	02:14:50	+00:59:52
70th	Ian Taylor	BARF NI	MV70	02:56:30	+01:41:32

### Race - F Open 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Alice Flint	BARF NI	F	01:27:43	
2nd	Esther Dickson	Newry AC	F	01:31:48	+00:04:05
3rd	Martsje Hell	North Belfast Harriers	F	01:35:39	+00:07:56
4th	Karalee McBride	Glenmore AC	FV40	01:38:35	+00:10:52
5th	Bernadette O'kane	Springwell Running Club	F	01:45:03	+00:17:20
6th	Lucy O'Dell	Glens Runners	FV45	01:46:15	+00:18:32
7th	Catherine Mcintosh	Newcastle and District AC	FV45	01:53:16	+00:25:33
8th	Aine McNeill	Dromore AC	FV55	01:57:55	+00:30:12
9th	Sarah Knight	Unattached	F	01:59:13	+00:31:30
10th	Adele Tomb	Springwell Running Club	FV50	02:01:21	+00:33:38
11th	Debbie Mingout	Ballydrain Harriers	FV45	02:02:11	+00:34:28
12th	Mary Mackin	Dromore AC	FV65	02:02:30	+00:34:47
13th	Sinead-Marie Mcallister	Larne AC	F	02:06:13	+00:38:30
14th	Carolyn Crawford	Springwell Running Club	F	02:07:20	+00:39:37
15th	Sharon Dickenson	Lagan Valley AC	FV45	02:29:10	+01:01:27
16th	Suzi Turley	Unattached	F	02:33:57	+01:06:14
17th	Corinna Woerdemann	Unattached	F	02:33:58	+01:06:15

### Race - M 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Timothy Johnston	Mourne Runners	M	01:14:58	
2nd	Jonathan Scott	Mourne Runners	M	01:15:38	+00:00:40
3rd	Adam Cunningham	Mourne Runners	M	01:15:50	+00:00:52
4th	Aaron McGrady	East Down AC	M	01:17:01	+00:02:03
5th	Jared Martin	Ballydrain Harriers	M	01:17:09	+00:02:11

# The Fallows 2022

March 19, 2022

## RESULTS - PROVISIONAL

### Race - M 16km 800m

Pos	Name	Club	Cat	Time	Behind
6th	Lee O'Boyle	Mallusk Harriers	M	01:24:16	+00:09:18
7th	Donal McMorland	Unattached	M	01:26:12	+00:11:14
8th	Mark Adamson	BARF NI	M	01:27:35	+00:12:37
9th	Adam Ervine	Newry AC	M	01:31:58	+00:17:00
10th	Lorcan Healy	Omagh harriers	M	01:33:50	+00:18:52
11th	Mark McElroy	Newry AC	M	01:35:08	+00:20:10
12th	Matt Crawford	NI Mountain Running Association	M	01:37:33	+00:22:35
13th	Ryan McGreevy	Unattached	M	01:41:45	+00:26:47
14th	George Savell	Unattached	M	01:43:00	+00:28:02
15th	Brendan McKenna	Unattached	M	01:44:29	+00:29:31
16th	Peter McEvoy	Mourne Runners	M	01:44:34	+00:29:36
17th	Pearse Brogan	Newcastle and District AC	M	01:44:52	+00:29:54
18th	Caolán Tierney	Unattached	M	01:52:15	+00:37:17
19th	Brendan Boggs	Unattached	M	01:54:56	+00:39:58
20th	Michael James Welsh Jr	Newry AC	M	02:12:49	+00:57:51
21st	Conor Duffy	Unattached	M	02:14:50	+00:59:52

### Race - MV40 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Jonny Steede	Glens Runners	MV40	01:20:01	
2nd	Andrew Tees	BARF NI	MV40	01:20:08	+00:00:07
3rd	Glynn Johnston	Unattached	MV40	01:24:05	+00:04:04
4th	David Hicks	Newcastle and District AC	MV40	01:24:18	+00:04:17
5th	Gary Bailey	Mourne Runners	MV40	01:25:47	+00:05:46
6th	Mamraz Nagi	Unattached	MV40	01:26:30	+00:06:29
7th	Aidan Murray	Newry AC	MV40	01:32:04	+00:12:03
8th	J. P Gartland	Newcastle and District AC	MV40	01:32:14	+00:12:13
9th	Michael McAuley	Mallusk Harriers	MV40	01:33:03	+00:13:02
10th	Jarlath Farrell	Newry City Runners AC	MV40	01:33:08	+00:13:07
11th	Brian McCann	Unattached	MV40	01:37:47	+00:17:46
12th	Jonathan Bell	Mourne Runners	MV40	01:37:50	+00:17:49
13th	Dominic McGreevy	Unattached	MV40	01:40:45	+00:20:44
14th	Paul Nixon	BARF NI	MV40	01:41:07	+00:21:06
15th	Owen Boden	Unattached	MV40	01:44:02	+00:24:01
16th	Paul Moore	Unattached	MV40	01:48:45	+00:28:44
17th	Ian Rainey	Newry City Runners AC	MV40	01:52:07	+00:32:06
18th	Owen Brady	Newcastle and District AC	MV40	01:54:10	+00:34:09
19th	Shirhaan Hameed	Springwell Running Club	MV40	01:59:16	+00:39:15
20th	Ryan Tierney	Unattached	MV40	02:05:55	+00:45:54

### Race - MV45 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Maurice Harte	Newry AC	MV45	01:29:29	
2nd	Don Travers	Newry City Runners AC	MV45	01:30:39	+00:01:10
3rd	Martin Rea	Unattached	MV45	01:35:21	+00:05:52
4th	Andrew Willis	Jog Lisburn Running Club	MV45	01:41:11	+00:11:42
5th	Craig McCauley	Mourne Runners	MV45	01:43:40	+00:14:11
6th	Justin Black	North Down AC	MV45	01:47:48	+00:18:19

# The Fallows 2022

March 19, 2022

## RESULTS - PROVISIONAL

### Race - MV45 16km 800m

Pos	Name	Club	Cat	Time	Behind
7th	Steven Morgan	BARF NI	MV45	01:52:20	+00:22:51
8th	Stuart Maxwell	East Coast AC	MV45	01:57:01	+00:27:32

### Race - MV50 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Warren Cartmill	Newry AC	MV50	01:35:23	
2nd	Pete Grant	Newcastle and District AC	MV50	01:39:07	+00:03:44
3rd	Martin Coughlan	Unattached	MV50	01:54:06	+00:18:43
4th	Alan Magee	NI Mountain Running Association	MV50	01:57:18	+00:21:55
5th	John Crawley	Unattached	MV50	02:03:34	+00:28:11
6th	Clarke Campbell	BARF NI	MV50	02:11:21	+00:35:58

### Race - MV55 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Dale Mathers	Mourne Runners	MV55	01:33:47	
2nd	Francis Nugent	Blaney Rockets	MV55	01:40:16	+00:06:29
3rd	Gerry Kingston	Newcastle and District AC	MV55	01:42:33	+00:08:46
4th	Declan Mcelroy	Newcastle and District AC	MV55	01:47:02	+00:13:15
5th	Patrick Mallon	BARF NI	MV55	01:53:55	+00:20:08
6th	Alan Beatty	Unattached	MV55	02:05:13	+00:31:26
7th	Michael Welsh	Newry AC	MV55	02:12:51	+00:39:04

### Race - MV60 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Paul Le Blanc	Newry AC	MV60	01:30:41	
2nd	Jim Brown	BARF NI	MV60	01:44:25	+00:13:44
3rd	David Bell	Mourne Runners	MV60	01:46:45	+00:16:04
4th	Stephen Bickerstaff	Unattached	MV60	01:51:05	+00:20:24
5th	Wilson McAlister	Jog Moira	MV60	01:59:52	+00:29:11
6th	Trevor Wilson	BARF NI	MV60	02:05:58	+00:35:17

### Race - MV65 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Dominic McGreevy	Newcastle and District AC	MV65	01:41:45	

### Race - MV70 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Ian Taylor	BARF NI	MV70	02:56:30	

### Race - F 16km 800m

Pos	Name	Club	Cat	Time	Behind
1st	Alice Flint	BARF NI	F	01:27:43	
2nd	Esther Dickson	Newry AC	F	01:31:48	+00:04:05
3rd	Martsje Hell	North Belfast Harriers	F	01:35:39	+00:07:56

**The Fallows 2022**  
March 19, 2022  
**RESULTS - PROVISIONAL**

**Race - F 16km 800m**

Pos	Name	Club	Cat	Time	Behind
4th	Bernadette O'kane	Springwell Running Club	F	<b>01:45:03</b>	+00:17:20
5th	Sarah Knight	Unattached	F	<b>01:59:13</b>	+00:31:30
6th	Sinead-Marie Mcallister	Larne AC	F	<b>02:06:13</b>	+00:38:30
7th	Carolyn Crawford	Springwell Running Club	F	<b>02:07:20</b>	+00:39:37
8th	Suzi Turley	Unattached	F	<b>02:33:57</b>	+01:06:14
9th	Corinna Woerdemann	Unattached	F	<b>02:33:58</b>	+01:06:15

**Race - FV40 16km 800m**

Pos	Name	Club	Cat	Time	Behind
1st	Karalee McBride	Glenmore AC	FV40	<b>01:38:35</b>	

**Race - FV45 16km 800m**

Pos	Name	Club	Cat	Time	Behind
1st	Lucy O'Dell	Glens Runners	FV45	<b>01:46:15</b>	
2nd	Catherine Mcintosh	Newcastle and District AC	FV45	<b>01:53:16</b>	+00:07:01
3rd	Debbie Mingout	Ballydrain Harriers	FV45	<b>02:02:11</b>	+00:15:56
4th	Sharon Dickenson	Lagan Valley AC	FV45	<b>02:29:10</b>	+00:42:55

**Race - FV50 16km 800m**

Pos	Name	Club	Cat	Time	Behind
1st	Adele Tomb	Springwell Running Club	FV50	<b>02:01:21</b>	

**Race - FV55 16km 800m**

Pos	Name	Club	Cat	Time	Behind
1st	Aine McNeill	Dromore AC	FV55	<b>01:57:55</b>	

**Race - FV65 16km 800m**

Pos	Name	Club	Cat	Time	Behind
1st	Mary Mackin	Dromore AC	FV65	<b>02:02:30</b>	