May 21, 2022

RESULTS - PROVISIONAL

Race - M Open 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Adam Cunningham	Mourne Runners	М	02:19:11	
2nd	Jonny Steede	Glens Runners	MV40	02:26:33	+00:07:22
3rd	Gary Bailey	Mourne Runners	MV40	02:37:03	+00:17:52
4th	Jonathan Scott	Mourne Runners	M	02:39:05	+00:19:54
5th	John Marrs	Glens Runners	MV40	02:39:28	+00:20:17
6th	Lee O'Boyle	Mallusk Harriers	М	02:45:14	+00:26:03
7th	Glynn Johnston	Unattached	MV40	02:48:13	+00:29:02
8th	Jack Proctor	BARF NI	М	02:48:50	+00:29:39
9th	Keith Johnston	Armagh AC	М	02:49:05	+00:29:54
10th	James Lappin	Scrabo Striders	MV45	02:51:35	+00:32:24
11th	Ronan Davison-Kernan	BARF NI	М	02:53:45	+00:34:34
12th	Niall Gibney	East Down AC	MV40	02:54:09	+00:34:58
13th	Paul Le Blanc	Newry AC	MV60	02:54:13	+00:35:02
14th	Pete Grant	Newcastle and District AC	MV50	02:54:24	+00:35:13
15th	Michael McAuley	Mallusk Harriers	MV40	02:54:44	+00:35:33
16th	Billy Reed	East Antrim Harriers	MV55	02:54:52	+00:35:41
17th	Peter Valkema	Newry AC	М	02:55:50	+00:36:39
18th	Stephen Hoey	Jog Lisburn Running Club	MV50	02:57:28	+00:38:17
19th	Dale Mathers	Mourne Runners	MV55	02:58:07	+00:38:56
20th	Alistair Haddow	Unattached	MV55	03:01:25	+00:42:14
21st	Gareth Kelly	Armagh AC	MV45	03:04:04	+00:44:53
22nd	Declan McGrellis	BARF NI	MV50	03:05:37	+00:46:26
23rd	Graham Smyth	Lagan Valley AC	MV40	03:11:00	+00:51:49
24th	Dominic McLarnon	Unattached	MV40	03:11:57	+00:52:46
25th	Kyle Arbuthnot	Willowfield Harriers	М	03:13:27	+00:54:16
26th	Andrew Goulding	Jog Lisburn Running Club	М	03:13:41	+00:54:30
27th	Niall Wheeler	Glens Runners	MV40	03:19:46	+01:00:35
28th	Tim Lowry	Ballymena Runners	MV45	03:20:27	+01:01:16
29th	George Savell	Unattached	М	03:20:58	+01:01:47
30th	Peter McEvoy	Mourne Runners	М	03:21:06	+01:01:55
31st	Luke Tarry	Unattached	М	03:24:41	+01:05:30
32nd	Francis Nugent	NI Mountain Running Association	MV55	03:25:11	+01:06:00
33rd	Declan Mcelroy	Unattached	MV55	03:25:53	+01:06:42
34th	James Millar	Mourne Runners	М	03:29:32	+01:10:21
35th	Ivan Millar	Unattached	MV50	03:30:39	+01:11:28
36th	Pearse Brogan	Newcastle and District AC	М	03:32:02	+01:12:51
37th	Cathal Mcgreevy	Newry AC	MV50	03:33:02	+01:13:51
38th	Gary Arbuthnot	Willowfield Harriers	MV50	03:38:49	+01:19:38
39th	Marcus Totten	Unattached	М	03:48:37	+01:29:26
40th	Jim Brown	BARF NI	MV60	03:56:07	+01:36:56
41st	Paul Moore	BARF NI	MV40	03:57:19	+01:38:08
42nd	Scott Nelson	Unattached	MV40	04:03:24	+01:44:13
43rd	Richard Hetherington	Seapark AC	MV40	04:07:07	+01:47:56
44th	Wilson McAlister	Jog Moira	MV60	04:09:44	+01:50:33
45th	Andrew Mc Gibbon	BARF NI	MV50	04:15:03	+01:55:52

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RESULTS - PROVISIONAL

Race - M Open 20km 2000m

Pos	Name	Club	Cat	Time	Behind
46th	Paddy Ritchie	Unattached	MV50	04:20:03	+02:00:52
47th	Matt McKinley	Unattached	M	04:23:32	+02:04:21
48th	Johnny KcKinley	Dromore AC	MV50	04:23:36	+02:04:25
49th	Alain Douglas	Unattached	M	04:26:29	+02:07:18
50th	Shirhaan Hameed	Springwell Running Club	MV40	04:53:17	+02:34:06
51st	Ricky Cowan	Mourne Runners	MV70	05:03:00	+02:43:49
52nd	Alan Beatty	Unattached	MV55	05:39:37	+03:20:26

Race - MV40+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Jonny Steede	Glens Runners	MV40	02:26:33	
2nd	Gary Bailey	Mourne Runners	MV40	02:37:03	+00:10:30
3rd	John Marrs	Glens Runners	MV40	02:39:28	+00:12:55
4th	Glynn Johnston	Unattached	MV40	02:48:13	+00:21:40
5th	James Lappin	Scrabo Striders	MV45	02:51:35	+00:25:02
6th	Niall Gibney	East Down AC	MV40	02:54:09	+00:27:36
7th	Paul Le Blanc	Newry AC	MV60	02:54:13	+00:27:40
8th	Pete Grant	Newcastle and District AC	MV50	02:54:24	+00:27:51
9th	Michael McAuley	Mallusk Harriers	MV40	02:54:44	+00:28:11
10th	Billy Reed	East Antrim Harriers	MV55	02:54:52	+00:28:19
11th	Stephen Hoey	Jog Lisburn Running Club	MV50	02:57:28	+00:30:55
12th	Dale Mathers	Mourne Runners	MV55	02:58:07	+00:31:34
13th	Alistair Haddow	Unattached	MV55	03:01:25	+00:34:52
14th	Gareth Kelly	Armagh AC	MV45	03:04:04	+00:37:31
15th	Declan McGrellis	BARF NI	MV50	03:05:37	+00:39:04
16th	Graham Smyth	Lagan Valley AC	MV40	03:11:00	+00:44:27
17th	Dominic McLarnon	Unattached	MV40	03:11:57	+00:45:24
18th	Niall Wheeler	Glens Runners	MV40	03:19:46	+00:53:13
19th	Tim Lowry	Ballymena Runners	MV45	03:20:27	+00:53:54
20th	Francis Nugent	NI Mountain Running Association	MV55	03:25:11	+00:58:38
21st	Declan Mcelroy	Unattached	MV55	03:25:53	+00:59:20
22nd	Ivan Millar	Unattached	MV50	03:30:39	+01:04:06
23rd	Cathal Mcgreevy	Newry AC	MV50	03:33:02	+01:06:29
24th	Gary Arbuthnot	Willowfield Harriers	MV50	03:38:49	+01:12:16
25th	Jim Brown	BARF NI	MV60	03:56:07	+01:29:34
26th	Paul Moore	BARF NI	MV40	03:57:19	+01:30:46
27th	Scott Nelson	Unattached	MV40	04:03:24	+01:36:51
28th	Richard Hetherington	Seapark AC	MV40	04:07:07	+01:40:34
29th	Wilson McAlister	Jog Moira	MV60	04:09:44	+01:43:11
30th	Andrew Mc Gibbon	BARF NI	MV50	04:15:03	+01:48:30
31st	Paddy Ritchie	Unattached	MV50	04:20:03	+01:53:30
32nd	Johnny KcKinley	Dromore AC	MV50	04:23:36	+01:57:03
33rd	Shirhaan Hameed	Springwell Running Club	MV40	04:53:17	+02:26:44
34th	Ricky Cowan	Mourne Runners	MV70	05:03:00	+02:36:27

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Race - MV40+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
35th	Alan Beatty	Unattached	MV55	05:39:37	+03:13:04

Race - MV45+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	James Lappin	Scrabo Striders	MV45	02:51:35	
2nd	Paul Le Blanc	Newry AC	MV60	02:54:13	+00:02:38
3rd	Pete Grant	Newcastle and District AC	MV50	02:54:24	+00:02:49
4th	Billy Reed	East Antrim Harriers	MV55	02:54:52	+00:03:17
5th	Stephen Hoey	Jog Lisburn Running Club	MV50	02:57:28	+00:05:53
6th	Dale Mathers	Mourne Runners	MV55	02:58:07	+00:06:32
7th	Alistair Haddow	Unattached	MV55	03:01:25	+00:09:50
8th	Gareth Kelly	Armagh AC	MV45	03:04:04	+00:12:29
9th	Declan McGrellis	BARF NI	MV50	03:05:37	+00:14:02
10th	Tim Lowry	Ballymena Runners	MV45	03:20:27	+00:28:52
11th	Francis Nugent	NI Mountain Running Association	MV55	03:25:11	+00:33:36
12th	Declan Mcelroy	Unattached	MV55	03:25:53	+00:34:18
13th	Ivan Millar	Unattached	MV50	03:30:39	+00:39:04
14th	Cathal Mcgreevy	Newry AC	MV50	03:33:02	+00:41:27
15th	Gary Arbuthnot	Willowfield Harriers	MV50	03:38:49	+00:47:14
16th	Jim Brown	BARF NI	MV60	03:56:07	+01:04:32
17th	Wilson McAlister	Jog Moira	MV60	04:09:44	+01:18:09
18th	Andrew Mc Gibbon	BARF NI	MV50	04:15:03	+01:23:28
19th	Paddy Ritchie	Unattached	MV50	04:20:03	+01:28:28
20th	Johnny KcKinley	Dromore AC	MV50	04:23:36	+01:32:01
21st	Ricky Cowan	Mourne Runners	MV70	05:03:00	+02:11:25
22nd	Alan Beatty	Unattached	MV55	05:39:37	+02:48:02

Race - MV50+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Paul Le Blanc	Newry AC	MV60	02:54:13	
2nd	Pete Grant	Newcastle and District AC	MV50	02:54:24	+00:00:11
3rd	Billy Reed	East Antrim Harriers	MV55	02:54:52	+00:00:39
4th	Stephen Hoey	Jog Lisburn Running Club	MV50	02:57:28	+00:03:15
5th	Dale Mathers	Mourne Runners	MV55	02:58:07	+00:03:54
6th	Alistair Haddow	Unattached	MV55	03:01:25	+00:07:12
7th	Declan McGrellis	BARF NI	MV50	03:05:37	+00:11:24
8th	Francis Nugent	NI Mountain Running Association	MV55	03:25:11	+00:30:58
9th	Declan Mcelroy	Unattached	MV55	03:25:53	+00:31:40
10th	Ivan Millar	Unattached	MV50	03:30:39	+00:36:26
11th	Cathal Mcgreevy	Newry AC	MV50	03:33:02	+00:38:49
12th	Gary Arbuthnot	Willowfield Harriers	MV50	03:38:49	+00:44:36
13th	Jim Brown	BARF NI	MV60	03:56:07	+01:01:54
14th	Wilson McAlister	Jog Moira	MV60	04:09:44	+01:15:31

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Race - MV50+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
15th	Andrew Mc Gibbon	BARF NI	MV50	04:15:03	+01:20:50
16th	Paddy Ritchie	Unattached	MV50	04:20:03	+01:25:50
17th	Johnny KcKinley	Dromore AC	MV50	04:23:36	+01:29:23
18th	Ricky Cowan	Mourne Runners	MV70	05:03:00	+02:08:47
19th	Alan Beatty	Unattached	MV55	05:39:37	+02:45:24

Race - MV55+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Paul Le Blanc	Newry AC	MV60	02:54:13	
2nd	Billy Reed	East Antrim Harriers	MV55	02:54:52	+00:00:39
3rd	Dale Mathers	Mourne Runners	MV55	02:58:07	+00:03:54
4th	Alistair Haddow	Unattached	MV55	03:01:25	+00:07:12
5th	Francis Nugent	NI Mountain Running Association	MV55	03:25:11	+00:30:58
6th	Declan Mcelroy	Unattached	MV55	03:25:53	+00:31:40
7th	Jim Brown	BARF NI	MV60	03:56:07	+01:01:54
8th	Wilson McAlister	Jog Moira	MV60	04:09:44	+01:15:31
9th	Ricky Cowan	Mourne Runners	MV70	05:03:00	+02:08:47
10th	Alan Beatty	Unattached	MV55	05:39:37	+02:45:24

Race - MV60+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Paul Le Blanc	Newry AC	MV60	02:54:13	
2nd	Jim Brown	BARF NI	MV60	03:56:07	+01:01:54
3rd	Wilson McAlister	Jog Moira	MV60	04:09:44	+01:15:31
4th	Ricky Cowan	Mourne Runners	MV70	05:03:00	+02:08:47

Race - MV70 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Ricky Cowan	Mourne Runners	MV70	05:03:00	

Race - F Open 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Alice Flint	BARF NI	F	02:42:15	
2nd	Ciara Largey	Unattached	F	03:16:13	+00:33:58
3rd	Amanda Perry	Ballydrain Harriers	FV50	03:18:07	+00:35:52
4th	Bernadette O'kane	Springwell Running Club	F	03:19:58	+00:37:43
5th	Sarah Knight	Unattached	F	03:37:13	+00:54:58
6th	Aine McNeill	Dromore AC	FV55	03:56:15	+01:14:00
7th	Orla McElroy	NI Mountain Running Association	FV55	04:10:40	+01:28:25
8th	Mary Mackin	Dromore AC	FV65	04:26:27	+01:44:12
9th	Judith Robinson	Murlough AC	FV55	04:42:15	+02:00:00
10th	Joanne McCauley	Newry AC	FV45	04:57:34	+02:15:19

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Race - F Open 20km 2000m

Pos	Name	Club	Cat	Time	Behind
11th	Sharon Dickenson	Lagan Valley AC	FV45	05:11:37	+02:29:22

Race - FV45+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Amanda Perry	Ballydrain Harriers	FV50	03:18:07	_
2nd	Aine McNeill	Dromore AC	FV55	03:56:15	+00:38:08
3rd	Orla McElroy	NI Mountain Running Association	FV55	04:10:40	+00:52:33
4th	Mary Mackin	Dromore AC	FV65	04:26:27	+01:08:20
5th	Judith Robinson	Murlough AC	FV55	04:42:15	+01:24:08
6th	Joanne McCauley	Newry AC	FV45	04:57:34	+01:39:27
7th	Sharon Dickenson	Lagan Valley AC	FV45	05:11:37	+01:53:30

Race - FV50+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Amanda Perry	Ballydrain Harriers	FV50	03:18:07	_
2nd	Aine McNeill	Dromore AC	FV55	03:56:15	+00:38:08
3rd	Orla McElroy	NI Mountain Running Association	FV55	04:10:40	+00:52:33
4th	Mary Mackin	Dromore AC	FV65	04:26:27	+01:08:20
5th	Judith Robinson	Murlough AC	FV55	04:42:15	+01:24:08

Race - FV55+ 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Aine McNeill	Dromore AC	FV55	03:56:15	_
2nd	Orla McElroy	NI Mountain Running Association	FV55	04:10:40	+00:14:25
3rd	Mary Mackin	Dromore AC	FV65	04:26:27	+00:30:12
4th	Judith Robinson	Murlough AC	FV55	04:42:15	+00:46:00

Race - FV65 20km 2000m

Pos	Name	Club	Cat	Time	Behind
1st	Mary Mackin	Dromore AC	FV65	04:26:27	