Flagstaff to Carlingford 2022

June 19, 2022

RESULTS - PROVISIONAL

Race - M Open 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Timothy Johnston	Mourne Runners	M	01:37:58	
2nd	Jonny Steede	Glens Runners	MV40	01:42:33	+00:04:35
3rd	Adam Cunningham	Mourne Runners	M	01:42:35	+00:04:37
4th	Paul McAnespie	Armagh A.C.	MV45	01:48:05	+00:10:07
5th	Maurice Harte	Newry A.C.	MV45	01:49:36	+00:11:38
6th	John Marrs	Glens Runners	MV40	01:51:51	+00:13:53
7th	Donal McMorland	Unattached	M	01:55:14	+00:17:16
8th	Lorcan Vallely	Armagh A.C.	MV40	01:55:19	+00:17:21
9th	Jonathan McCloy	BARF	M	01:55:21	+00:17:23
10th	Ronan Davison-Kernan	BARF	M	01:55:29	+00:17:31
11th	Keith Johnston	Armagh A.C.	M	01:55:39	+00:17:41
12th	Conor Morrow	NIMRA	M	01:55:49	+00:17:51
13th	Stephen McCullough	Jog Lisburn A.C.	MV40	01:56:19	+00:18:21
14th	James Lappin	Ballydrain Harriers	MV45	01:59:23	+00:21:25
15th	Pete Grant	Newcastle A.C.	MV50	02:01:27	+00:23:29
16th	Gareth Kelly	Armagh A.C.	MV45	02:01:38	+00:23:40
17th	Jack Proctor	BARF	M	02:02:18	+00:24:20
18th	Jarleth Farrell	Newry City AC	MV40	02:02:21	+00:24:23
19th	Paul Le Blanc	Newry A.C	MV60	02:02:23	+00:24:25
20th	Alan Ritchie	Newcastle A.C.	M	02:02:56	+00:24:58
21st	Adrian Farrell	Unattached	MV40	02:03:02	+00:25:04
22nd	George Savell	Unattached	M	02:04:31	+00:26:33
23rd	Dale Mathers	Mourne Runners	MV55	02:06:49	+00:28:51
24th	Alan Elwood	Dromore A.C.	MV50	02:07:41	+00:29:43
25th	James Millar	Mourne Runners	M	02:07:50	+00:29:52
26th	Warren Cartmill	Newry A.C.	MV50	02:07:52	+00:29:54
27th	Rory Mulvaney	Newry A.C.	M	02:08:04	+00:30:06
28th	Graham Smyth	Lagan Valley A.C.	MV40	02:10:42	+00:32:44
29th	Stephen Hoey	Jog Lisburn A.C.	MV50	02:14:03	+00:36:05
30th	Pearse Brogan	Newcastle A.C.	M	02:14:40	+00:36:42
31st	Joe Wilson	Unattached	MV40	02:14:47	+00:36:49
32nd	Niall Gibney	East Down A.C.	MV40	02:15:13	+00:37:15
33rd	William Imrie	Unattached	M	02:15:20	+00:37:22
34th	Dominic McLarnon	Moneyglass & District A.C.	MV40	02:15:30	+00:37:32
35th	Wayne McGuigan	Sl. Gullion Runners	M	02:15:47	+00:37:49
36th	Francis Nugent	Blayney Rockets	MV55	02:15:54	+00:37:56
37th	Ciaran McQuade	Armagh A.C.	MV40	02:17:20	+00:39:22
38th	Ivan Millar	Unattached	MV50	02:19:27	+00:41:29
39th	Tim Lowry	Ballymena Runrs	MV45	02:19:42	+00:41:44
40th	Andrew Willis	Jog Lisburn A.C.	MV50	02:19:56	+00:41:58
41st	Finbarr Gurhy	Unattached	M	02:20:13	+00:42:15
42nd	Gerry Kingston	Newcastle A.C.	MV55	02:21:22	+00:43:24
43rd	Declan McElroy	Newcastle A.C.	MV55	02:22:32	+00:44:34
44th	Conor Morgan	Newry City AC	M	02:24:01	+00:46:03
45th	Lorcan Daly	NCR	M	02:24:28	+00:46:30
46th	Paul Nixon	BARF	MV40	02:24:59	+00:47:01
47th	Ian Rainey	NCR	MV40	02:30:29	+00:52:31
48th	Ronan McBride	Armagh A.C.	MV40	02:35:48	+00:57:50

Race - M Open 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
49th	Alan Magee	NIMRA	MV50	02:37:09	+00:59:11
50th	Paul Moore	Unattached	MV40	02:43:07	+01:05:09
51st	Noel Carr	Newry A.C	MV45	02:43:21	+01:05:23
52nd	David Bell	Mourne Runners	MV60	02:45:59	+01:08:01
53rd	Andrew McGibbon	BARF	MV55	02:57:24	+01:19:26
54th	Shirhaan Hameed	Springwell	MV40	03:02:03	+01:24:05
55th	Alan Beatty	Unattached	MV55	03:02:39	+01:24:41
56th	Ronan Halpenny	Unattached	M	03:07:38	+01:29:40
57th	Ricky Cowan	Mourne Runners	MV70	03:10:16	+01:32:18
58th	Johnny McKinley	Dromore A.C.	MV50	03:15:57	+01:37:59
59th	Matthew McKinley	Unattached	M	03:16:01	+01:38:03

Race - F Open 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Esther Dickson	Newry A.C.	FV35	02:02:42	
2nd	Karalee McBride	Glenmore A.C.	FV40	02:15:35	+00:12:53
3rd	Debbie McConnell	Jog Lisburn A.C.	FV35	02:19:15	+00:16:33
4th	Karen Wilton	Jog Lisburn A.C.	FV45	02:19:20	+00:16:38
5th	Sarah Knight	Unattached	F	02:22:16	+00:19:34
6th	Denise Mathers	Mourne Runners	FV55	02:46:11	+00:43:29
7th	Sharon Dickenson	Lagan Valley A.C.	FV45	03:11:05	+01:08:23
8th	Judith Robinson	Murlough A.C.	FV55	03:16:29	+01:13:47

Race - M 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Timothy Johnston	Mourne Runners	M	01:37:58	
2nd	Adam Cunningham	Mourne Runners	M	01:42:35	+00:04:37
3rd	Donal McMorland	Unattached	M	01:55:14	+00:17:16
4th	Jonathan McCloy	BARF	M	01:55:21	+00:17:23
5th	Ronan Davison-Kernan	BARF	M	01:55:29	+00:17:31
6th	Keith Johnston	Armagh A.C.	M	01:55:39	+00:17:41
7th	Conor Morrow	NIMRA	M	01:55:49	+00:17:51
8th	Jack Proctor	BARF	M	02:02:18	+00:24:20
9th	Alan Ritchie	Newcastle A.C.	M	02:02:56	+00:24:58
10th	George Savell	Unattached	M	02:04:31	+00:26:33
11th	James Millar	Mourne Runners	M	02:07:50	+00:29:52
12th	Rory Mulvaney	Newry A.C.	M	02:08:04	+00:30:06
13th	Pearse Brogan	Newcastle A.C.	M	02:14:40	+00:36:42
14th	William Imrie	Unattached	M	02:15:20	+00:37:22
15th	Wayne McGuigan	Sl. Gullion Runners	M	02:15:47	+00:37:49
16th	Finbarr Gurhy	Unattached	M	02:20:13	+00:42:15
17th	Conor Morgan	Newry City AC	M	02:24:01	+00:46:03
18th	Lorcan Daly	NCR	M	02:24:28	+00:46:30
19th	Ronan Halpenny	Unattached	M	03:07:38	+01:29:40
20th	Matthew McKinley	Unattached	M	03:16:01	+01:38:03

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Race - MV40 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Jonny Steede	Glens Runners	MV40	01:42:33	
2nd	John Marrs	Glens Runners	MV40	01:51:51	+00:09:18
3rd	Lorcan Vallely	Armagh A.C.	MV40	01:55:19	+00:12:46
4th	Stephen McCullough	Jog Lisburn A.C.	MV40	01:56:19	+00:13:46
5th	Jarleth Farrell	Newry City AC	MV40	02:02:21	+00:19:48
6th	Adrian Farrell	Unattached	MV40	02:03:02	+00:20:29
7th	Graham Smyth	Lagan Valley A.C.	MV40	02:10:42	+00:28:09
8th	Joe Wilson	Unattached	MV40	02:14:47	+00:32:14
9th	Niall Gibney	East Down A.C.	MV40	02:15:13	+00:32:40
10th	Dominic McLarnon	Moneyglass & District A.C.	MV40	02:15:30	+00:32:57
11th	Ciaran McQuade	Armagh A.C.	MV40	02:17:20	+00:34:47
12th	Paul Nixon	BARF	MV40	02:24:59	+00:42:26
13th	Ian Rainey	NCR	MV40	02:30:29	+00:47:56
14th	Ronan McBride	Armagh A.C.	MV40	02:35:48	+00:53:15
15th	Paul Moore	Unattached	MV40	02:43:07	+01:00:34
16th	Shirhaan Hameed	Springwell	MV40	03:02:03	+01:19:30

Race - MV45 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Paul McAnespie	Armagh A.C.	MV45	01:48:05	
2nd	Maurice Harte	Newry A.C.	MV45	01:49:36	+00:01:31
3rd	James Lappin	Ballydrain Harriers	MV45	01:59:23	+00:11:18
4th	Gareth Kelly	Armagh A.C.	MV45	02:01:38	+00:13:33
5th	Tim Lowry	Ballymena Runrs	MV45	02:19:42	+00:31:37
6th	Noel Carr	Newry A.C	MV45	02:43:21	+00:55:16

Race - MV50 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Pete Grant	Newcastle A.C.	MV50	02:01:27	
2nd	Alan Elwood	Dromore A.C.	MV50	02:07:41	+00:06:14
3rd	Warren Cartmill	Newry A.C.	MV50	02:07:52	+00:06:25
4th	Stephen Hoey	Jog Lisburn A.C.	MV50	02:14:03	+00:12:36
5th	Ivan Millar	Unattached	MV50	02:19:27	+00:18:00
6th	Andrew Willis	Jog Lisburn A.C.	MV50	02:19:56	+00:18:29
7th	Alan Magee	NIMRA	MV50	02:37:09	+00:35:42
8th	Johnny McKinley	Dromore A.C.	MV50	03:15:57	+01:14:30

Race - MV55 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Dale Mathers	Mourne Runners	MV55	02:06:49	
2nd	Francis Nugent	Blayney Rockets	MV55	02:15:54	+00:09:05
3rd	Gerry Kingston	Newcastle A.C.	MV55	02:21:22	+00:14:33
4th	Declan McElroy	Newcastle A.C.	MV55	02:22:32	+00:15:43
5th	Andrew McGibbon	BARF	MV55	02:57:24	+00:50:35
6th	Alan Beatty	Unattached	MV55	03:02:39	+00:55:50

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Race - MV60 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Paul Le Blanc	Newry A.C	MV60	02:02:23	
2nd	David Bell	Mourne Runners	MV60	02:45:59	+00:43:36

Race - MV70 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Ricky Cowan	Mourne Runners	MV70	03:10:16	

Race - F 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Sarah Knight	Unattached	F	02:22:16	

Race - FV35 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Esther Dickson	Newry A.C.	FV35	02:02:42	
2nd	Debbie McConnell	Jog Lisburn A.C.	FV35	02:19:15	+00:16:33

Race - FV40 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Karalee McBride	Glenmore A.C.	FV40	02:15:35	

Race - FV45 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Karen Wilton	Jog Lisburn A.C.	FV45	02:19:20	
2nd	Sharon Dickenson	Lagan Valley A.C.	FV45	03:11:05	+00:51:45

Race - FV55 11 miles 3000ft

Pos	Name	Club	Cat	Time	Behind
1st	Denise Mathers	Mourne Runners	FV55	02:46:11	
2nd	Judith Robinson	Murlough A.C.	FV55	03:16:29	+00:30:18