Race 8km 300m

Pos	Name	Club	Cat	Time	Behind
1st	Timothy Johnston	Mourne Runners	M	00:29:30	
2nd	Jonathan Scott	Mourne Runners	M	00:29:59	+00:00:29
3rd	Jonny Steede	Glens Runners	MV40	00:30:36	+00:01:06
4th	Joshua Mcatee	Mourne Runners	M	00:31:28	+00:01:58
5th	John Marrs	Glens Runners	MV40	00:33:40	+00:04:10
6th	Maurice Harte	Newry AC	MV45	00:33:43	+00:04:13
7th	David Smyth	Newcastle AC	M	00:33:54	+00:04:24
8th	Andrew Tees	BARF	MV40	00:34:10	+00:04:40
9th	Conor Morrow	NI Mountain Running Association	M	00:34:21	+00:04:51
10th	Ethan McMullan	Newcastle District AC	MU23	00:34:34	+00:05:04
11th	Conor Duffy	NI Mountain Running Association	M	00:34:45	+00:05:15
12th	Stephen Perry	Unattached	M	00:35:08	+00:05:38
13th	Jack Proctor	BARF	M	00:35:13	+00:05:43
14th	Gareth Kelly	Armagh AC	MV45	00:35:14	+00:05:44
15th	Dominic McLarnon	Unattached	MV40	00:35:18	+00:05:48
16th	Michael McAuley	Mallusk Harriers	MV45	00:35:19	+00:05:49
17th	Jarlath Farrell	Newry City Runners	MV40	00:36:26	+00:06:56
18th	Esther Dickson	Newry AC	F	00:36:43	+00:07:13
19th	Aidan Murray	Newry AC	MV40	00:36:51	+00:07:21
20th	Daniel MacAuley	Unattached	M	00:36:54	+00:07:24
21st	Warren Cartmill	Newry AC	M	00:36:58	+00:07:28
22nd	Richard Cowan	Unattached	MV45	00:37:16	+00:07:46
23rd	Jonny Hobson	Physio & Co	MV40	00:37:26	+00:07:56
24th	Ryan Mcdonald	Newcastle District AC	M	00:37:31	+00:08:01
25th	Dale Mathers	Mourne Runners	MV55	00:37:36	+00:08:06
26th	Patrick McDaid	Newcastle District AC	MU23	00:37:43	+00:08:13
27th	Richard Hanna	Mourne Runners	M	00:37:46	+00:08:16
28th	Andrew Willis	Jog Lisburn Running Club	MV50	00:38:12	+00:08:42
29th	Dominic McGreevy	Newcastle District AC	MV65	00:38:39	+00:09:09
30th	Tim Lowry	Ballymena Runners	MV45	00:39:14	+00:09:44
31st	Peter McEvoy	Mourne Runners	M	00:39:41	+00:10:11
32nd	Rick McKee	Unattached	MV50	00:39:52	+00:10:22
33rd	Aidan Fegan	Unattached	M	00:39:59	+00:10:29
34th	Martin Coughlan	Unattached	M	00:40:00	+00:10:30
35th	Euan McIntosh	Newcastle District AC	MU23	00:40:45	+00:11:15
36th	Neville Watson	Unattached	MV50	00:41:09	+00:11:39
37th	Martin McMullan	Newcastle District AC	MV45	00:41:12	+00:11:42
38th	Ricky Graham	Unattached	M	00:41:13	+00:11:43

Race 8km 300m

Pos	Name	Club	Cat	Time	Behind
39th	Brendan Boggs	Unattached	M	00:41:47	+00:12:17
40th	Catherine Mcintosh	Newcastle District AC	FV45	00:41:52	+00:12:22
41st	Peter Taylor	Dromore AC	MV55	00:41:55	+00:12:25
42nd	Johnny McKinley	Dromore AC	MV50	00:41:57	+00:12:27
43rd	Ciarán McAleenan	Mourne Runners	MV60	00:42:09	+00:12:39
44th	Ethan Lappin	Scrabo Striders	MU23	00:43:30	+00:14:00
45th	James Lappin	Ballydrain Harriers	MV45	00:43:35	+00:14:05
46th	Meadow McCauley	Newry AC	FU23	00:43:37	+00:14:07
47th	Ruairi McDonald	Unattached	MV40	00:44:11	+00:14:41
48th	Stephen Patton	Unattached	MV50	00:44:18	+00:14:48
49th	Anthony O'Hare	Unattached	MV50	00:44:22	+00:14:52
50th	David Bell	Mourne Runners	M	00:44:29	+00:14:59
51st	John Mcconnell	Jog Lisburn Running Club	M	00:44:35	+00:15:05
52nd	Mary Mackin	Dromore AC	FV65	00:44:37	+00:15:07
53rd	Philip Cardy	Down Triathlon	M	00:44:50	+00:15:20
54th	Anne Sandford	Mourne Runners	FV55	00:46:35	+00:17:05
55th	Russell Kennedy	Dromore AC	MV50	00:46:51	+00:17:21
56th	Steven Morgan	BARF	M	00:47:09	+00:17:39
57th	Andrew McGibbon	BARF	MV55	00:47:15	+00:17:45
58th	Glenn Grainger	Unattached	M	00:47:19	+00:17:49
59th	Matt McKinley	Unattached	M	00:47:22	+00:17:52
60th	Diarmaid MacAuley	Unattached	MV60	00:47:25	+00:17:55
61st	Derek Patton	Unattached	MV45	00:47:48	+00:18:18
62nd	Conor Duffy	Unattached	M	00:47:52	+00:18:22
63rd	Alan Magee	Jog Lisburn Running Club	MV50	00:48:06	+00:18:36
64th	Joanne McCauley	Newry AC	FV45	00:48:20	+00:18:50
65th	Kathleen Monteverde	BARF	FV55	00:48:41	+00:19:11
66th	Shirley Farnan	Unattached	FV50	00:48:57	+00:19:27
67th	Michael Morrow	Dromore AC	MV65	00:48:58	+00:19:28
68th	Conor Farnan	Unattached	MV50	00:49:44	+00:20:14
69th	Philip McLorinan	Jog Lisburn Running Club	MV45	00:49:47	+00:20:17
70th	Ellen Watson	Newcastle District AC	FU23	00:50:06	+00:20:36
71st	Hazel McLaughlin	LAgan Valley AC	FV45	00:50:30	+00:21:00
72nd	Cheryl Denvir	East Down AC	FV45	00:51:11	+00:21:41
73rd	Paddy (I left my dibber in th	BARF	MV55	00:51:19	+00:21:49
74th	Hugh Suffern	Dromore AC	MV60	00:52:02	+00:22:32
75th	Tracy McCaughey	Murlough AC	FV55	00:52:14	+00:22:44
76th	Paula Mckibbin	Murlough AC	FV55	00:52:52	+00:23:22

Race 8km 300m

Pos	Name	Club	Cat	Time	Behind
77th	Liam Smyth	Murlough AC	MV50	00:52:53	+00:23:23
78th	Karen Houston	BARF	F	00:55:45	+00:26:15
79th	Sharon McCracken	BARF	FV40	00:56:22	+00:26:52
80th	Pauline O'Hara	BARF	FV55	00:57:39	+00:28:09
81st	Denise O'Hagan	BARF	FV45	00:57:44	+00:28:14
82nd	Gavin McConvey	East Down AC	MV55	00:58:30	+00:29:00
83rd	Debbie McLorinan	Jog Lisburn Running Club	FV50	00:58:57	+00:29:27
84th	Karen Magee	Jog Lisburn Running Club	FV50	00:59:03	+00:29:33
85th	Ian Taylor	BARF	MV70	01:08:13	+00:38:43
86th	Karen Wilton	Jog Lisburn Running Club	FV50	01:08:14	+00:38:44