April 22, 2023

RESULTS - PROVISIONAL

Race (Shortened for weather) - M Open

Pos	Name	Club	Cat	Time	Behind
1st	Zak Hanna	Newcastle and District AC	M	01:55:21	
2nd	Shane Lynch	Glenmore AC	MV40	01:56:22	+00:01:01
3rd	Adam Cunningham	Mourne Runners	M	01:58:13	+00:02:52
4th	Jonny Steede	Glens Runners	MV40	02:03:16	+00:07:55
5th	John Marrs	Glens Runners	MV40	02:07:16	+00:11:55
6th	Jack Proctor	BARF NI	М	02:08:11	+00:12:50
7th	Keith Johnston	Armagh AC	М	02:09:18	+00:13:57
8th	David Hicks	Unattached	MV40	02:11:25	+00:16:04
9th	James Millar	Mourne Runners	М	02:13:24	+00:18:03
10th	Kyle Arbuthnot	Willowfield Harriers	Μ	02:15:01	+00:19:40
11th	Alan Ritchie	St Peter's	М	02:16:54	+00:21:33
12th	Clive Bailey	Mourne Runners	MV50	02:17:35	+00:22:14
13th	Ronan Davison-Kernan	BARF NI	М	02:18:08	+00:22:47
14th	William Imrie	BARF NI	М	02:19:09	+00:23:48
15th	Gary Bailey	Mourne Runners	MV40	02:19:35	+00:24:14
16th	Billy Reed	East Antrim Harriers	MV55	02:19:40	+00:24:19
17th	James Lappin	Ballydrain Harriers	MV45	02:20:08	+00:24:47
18th	Michael McAuley	Mallusk Harriers	MV45	02:20:11	+00:24:50
19th	Stephen Hoey	Jog Lisburn Running Club	MV55	02:20:24	+00:25:03
20th	Conor Morrow	NI Mountain Running Association	Μ	02:22:20	+00:26:59
21st	Dale Mathers	Mourne Runners	MV55	02:34:51	+00:39:30
22nd	Dominic McLarnon	Glens Runners	MV40	02:34:57	+00:39:36
23rd	Tim Lowry	Ballymena Runners	MV45	02:35:11	+00:39:50
24th	Duncan Millar	Ballymena Runners	MV45	02:36:02	+00:40:41
25th	Tim Wilson	BARF NI	MV45	02:38:42	+00:43:21
26th	Craig McCauley	Mourne Runners	MV50	02:41:36	+00:46:15
27th	Maciej Dzieledziak	Unattached	Μ	02:41:43	+00:46:22
28th	Brendan Boggs	Strabane Tri Club	М	02:41:55	+00:46:34
29th	Alan Ayling	GEN	MV45	02:42:21	+00:47:00
30th	Conor Savage	BARF NI	Μ	02:42:33	+00:47:12
31st	lan Rainey	NI Mountain Running Association	MV40	02:43:48	+00:48:27
32nd	Laurence Dorman	Mourne Runners	MV45	02:45:59	+00:50:38
33rd	John Pugh	Unattached	M	02:52:20	+00:56:59
34th	Andrew McParland	BARF NI	M	02:52:26	+00:57:05
35th	Luke Tarry	BARF NI	M	02:54:22	+00:59:01
36th	Philip McGavock	Roe Valley Cycling Club	MV40	02:54:41	+00:59:20
37th	Gareth Kelly	Armagh AC	MV45	02:55:25	+01:00:04
38th	Colin McGinty	Omagh Harriers	M	02:56:07	+01:00:46
39th	Martin McMullan	Unattached	MV45	02:57:59	+01:02:38
40th	Clive Coffey	NI Mountain Running Association	MV55	02:59:23	+01:04:02
41st	Cameron Brush	Unattached	M M	03:05:47	+01:10:26
42nd	Joe Wilson	Unattached	MV40	03:06:14	+01:10:53
43rd	Ciarán McAleenan	Mourne Runners	MV60	03:07:19	+01:11:58
44th	Gareth Hardy	BARF NI	MV40	03:10:00	+01:14:39
45th	Stephen Cassidy Paul Moore	NI Mountain Running Association BARF NI	MV50	03:11:05	+01:15:44
46th 47th			MV45	03:13:45	+01:18:24
47th 48th	Colin Brennan Mark Dugan	Springwell Running Club	MV60	03:14:32	+01:19:11
	Mark Dugan Martin Caughlan	Ballydrain Harriers Unattached	MV55	03:15:33	+01:20:12
49th 50th	Martin Coughlan Graham Hill	Ballydrain Harriers	MV50 MV50	03:15:58 03:16:07	+01:20:37 +01:20:46
3001		Dailyuraiir Harriers	1010 30	03.10.07	101.20.40

April 22, 2023

RESULTS - PROVISIONAL

Race (Shortened for weather) - M Open

Pos	Name	Club	Cat	Time	Behind
51st	Shirhaan Hameed	Springwell Running Club	MV40	03:16:42	+01:21:21
52nd	Ronan Mynes	Newry AC	MV50	03:18:08	+01:22:47
53rd	Noel Carr	Newry AC	MV45	03:18:11	+01:22:50
54th	Jim Patterson	Newcastle and District AC	MV75	03:20:17	+01:24:56
55th	Dan Earnshaw	Unattached	MU23	03:24:19	+01:28:58
56th	Andrew Wallace	Ballydrain Harriers	MV55	03:24:26	+01:29:05
57th	Mark Elliott	Ballydrain Harriers	MV50	03:24:33	+01:29:12
58th	Gary Arbuthnot	Willowfield Harriers	MV50	03:25:26	+01:30:05
59th	David Bell	Mourne Runners	MV60	03:35:02	+01:39:41
60th	Zachary Askham	BARF NI	М	03:37:38	+01:42:17
61st	Tim Kerr	Unattached	MV50	03:46:13	+01:50:52
62nd	Fiachra Ó Cochláin	Unattached	М	03:52:22	+01:57:01
63rd	Cormac Condren	Unattached	М	03:52:24	+01:57:03
64th	Ricky Cowan	Mourne Runners	MV70	04:31:11	+02:35:50
65th	Conor Duffy	NI Mountain Running Association	М	04:39:21	+02:44:00
66th	Declan McGrellis (Sweeper)	BARF	MV50	04:42:31	+02:47:10
	Roger Aiken	Dromore AC	MV40	m2-5	
	Lar Griffin	Unattached	MV60	m2-5	

Race (Shortened for weather) - F Open

Pos	Name	Club	Cat	Time	Behind
1st	Esther Dickson	Newry AC	F	02:28:49	
2nd	Alexa James	Carmen Runners	F	02:54:57	+00:26:08
3rd	Karen Wilton	Jog Lisburn Running Club	FV50	03:07:12	+00:38:23
4th	Ciara Coffey	Newry AC	FV40	03:15:02	+00:46:13
5th	Amanda Perry	NI Mountain Running Association	FV50	03:15:19	+00:46:30
6th	Rachel Wallace	Newcastle and District AC	F	03:17:05	+00:48:16
7th	Hazel McLaughlin	Lagan Valley AC	FV45	03:19:33	+00:50:44
8th	Denise Mathers	Mourne Runners	FV55	03:37:17	+01:08:28
9th	Helen Cassidy	NI Mountain Running Association	FV45	03:37:20	+01:08:31
10th	Orla McElroy	NI Mountain Running Association	FV55	03:38:12	+01:09:23
11th	Sharon Dickenson	Mourne Runners	FV45	04:26:41	+01:57:52
12th	Alicia Christofi-Walshe	Unattached	FV45	04:28:39	+01:59:50
13th	Carolyn Crawford	Springwell Running Club	FV40	04:39:24	+02:10:35
14th	Nicola Frizelle	Springwell Running Club	F	04:39:26	+02:10:37
	Gail Nicolson	Unattached	FV45	m2-5	
	Eimear Deegan	Lakeshore Striders	FV40	m2-5	
	Bernadette O'kane	Springwell Running Club	F	rtd	

Race (Shortened for weather) - MU23

Pos	Name	Club	Cat	Time	Behind
1st	Dan Earnshaw	Unattached	MU23	03:24:19	

Race (Shortened for weather) - M

Pos	Name	Club	Cat	Time	Behind
1st	Zak Hanna	Newcastle and District AC	Μ	01:55:21	
2nd	Adam Cunningham	Mourne Runners	М	01:58:13	+00:02:52

April 22, 2023 RESULTS - PROVISIONAL

Race (Shortened for weather) - M

Pos	Name	Club	Cat	Time	Behind
3rd	Jack Proctor	BARF NI	М	02:08:11	+00:12:50
4th	Keith Johnston	Armagh AC	Μ	02:09:18	+00:13:57
5th	James Millar	Mourne Runners	М	02:13:24	+00:18:03
6th	Kyle Arbuthnot	Willowfield Harriers	Μ	02:15:01	+00:19:40
7th	Alan Ritchie	St Peter's	М	02:16:54	+00:21:33
8th	Ronan Davison-Kernan	BARF NI	Μ	02:18:08	+00:22:47
9th	William Imrie	BARF NI	М	02:19:09	+00:23:48
10th	Conor Morrow	NI Mountain Running Association	Μ	02:22:20	+00:26:59
11th	Maciej Dzieledziak	Unattached	Μ	02:41:43	+00:46:22
12th	Brendan Boggs	Strabane Tri Club	Μ	02:41:55	+00:46:34
13th	Conor Savage	BARF NI	М	02:42:33	+00:47:12
14th	John Pugh	Unattached	Μ	02:52:20	+00:56:59
15th	Andrew McParland	BARF NI	М	02:52:26	+00:57:05
16th	Luke Tarry	BARF NI	Μ	02:54:22	+00:59:01
17th	Colin McGinty	Omagh Harriers	Μ	02:56:07	+01:00:46
18th	Cameron Brush	Unattached	Μ	03:05:47	+01:10:26
19th	Zachary Askham	BARF NI	Μ	03:37:38	+01:42:17
20th	Fiachra Ó Cochláin	Unattached	Μ	03:52:22	+01:57:01
21st	Cormac Condren	Unattached	М	03:52:24	+01:57:03
22nd	Conor Duffy	NI Mountain Running Association	М	04:39:21	+02:44:00

Race (Shortened for weather) - MV40

Pos	Name	Club	Cat	Time	Behind
1st	Shane Lynch	Glenmore AC	MV40	01:56:22	
2nd	Jonny Steede	Glens Runners	MV40	02:03:16	+00:06:54
3rd	John Marrs	Glens Runners	MV40	02:07:16	+00:10:54
4th	David Hicks	Unattached	MV40	02:11:25	+00:15:03
5th	Gary Bailey	Mourne Runners	MV40	02:19:35	+00:23:13
6th	Dominic McLarnon	Glens Runners	MV40	02:34:57	+00:38:35
7th	lan Rainey	NI Mountain Running Association	MV40	02:43:48	+00:47:26
8th	Philip McGavock	Roe Valley Cycling Club	MV40	02:54:41	+00:58:19
9th	Joe Wilson	Unattached	MV40	03:06:14	+01:09:52
10th	Gareth Hardy	BARF NI	MV40	03:10:00	+01:13:38
11th	Shirhaan Hameed	Springwell Running Club	MV40	03:16:42	+01:20:20
	Roger Aiken	Dromore AC	MV40	m2-5	

Race (Shortened for weather) - MV45

Pos	Name	Club	Cat	Time	Behind
1st	James Lappin	Ballydrain Harriers	MV45	02:20:08	
2nd	Michael McAuley	Mallusk Harriers	MV45	02:20:11	+00:00:03
3rd	Tim Lowry	Ballymena Runners	MV45	02:35:11	+00:15:03
4th	Duncan Millar	Ballymena Runners	MV45	02:36:02	+00:15:54
5th	Tim Wilson	BARF NI	MV45	02:38:42	+00:18:34
6th	Alan Ayling	GEN	MV45	02:42:21	+00:22:13
7th	Laurence Dorman	Mourne Runners	MV45	02:45:59	+00:25:51
8th	Gareth Kelly	Armagh AC	MV45	02:55:25	+00:35:17
9th	Martin McMullan	Unattached	MV45	02:57:59	+00:37:51
10th	Paul Moore	BARF NI	MV45	03:13:45	+00:53:37

April 22, 2023

RESULTS - PROVISIONAL

Race (Shortened for weather) - MV45

Pos	Name	Club	Cat	Time	Behind
11th	Noel Carr	Newry AC	MV45	03:18:11	+00:58:03

Race (Shortened for weather) - MV50

Pos	Name	Club	Cat	Time	Behind
1st	Clive Bailey	Mourne Runners	MV50	02:17:35	
2nd	Craig McCauley	Mourne Runners	MV50	02:41:36	+00:24:01
3rd	Stephen Cassidy	NI Mountain Running Association	MV50	03:11:05	+00:53:30
4th	Martin Coughlan	Unattached	MV50	03:15:58	+00:58:23
5th	Graham Hill	Ballydrain Harriers	MV50	03:16:07	+00:58:32
6th	Ronan Mynes	Newry AC	MV50	03:18:08	+01:00:33
7th	Mark Elliott	Ballydrain Harriers	MV50	03:24:33	+01:06:58
8th	Gary Arbuthnot	Willowfield Harriers	MV50	03:25:26	+01:07:51
9th	Tim Kerr	Unattached	MV50	03:46:13	+01:28:38
10th	Declan McGrellis (Sweeper)	BARF	MV50	04:42:31	+02:24:56

Race (Shortened for weather) - MV55

Pos	Name	Club	Cat	Time	Behind
1st	Billy Reed	East Antrim Harriers	MV55	02:19:40	
2nd	Stephen Hoey	Jog Lisburn Running Club	MV55	02:20:24	+00:00:44
3rd	Dale Mathers	Mourne Runners	MV55	02:34:51	+00:15:11
4th	Clive Coffey	NI Mountain Running Association	MV55	02:59:23	+00:39:43
5th	Mark Dugan	Ballydrain Harriers	MV55	03:15:33	+00:55:53
6th	Andrew Wallace	Ballydrain Harriers	MV55	03:24:26	+01:04:46

Race (Shortened for weather) - MV60

Pos	Name	Club	Cat	Time	Behind
1st	Ciarán McAleenan	Mourne Runners	MV60	03:07:19	
2nd	Colin Brennan	Springwell Running Club	MV60	03:14:32	+00:07:13
3rd	David Bell	Mourne Runners	MV60	03:35:02	+00:27:43
	Lar Griffin	Unattached	MV60	m2-5	

Race (Shortened for weather) - MV70

Pos	Name	Club	Cat	Time	Behind
1st	Ricky Cowan	Mourne Runners	MV70	04:31:11	

Race (Shortened for weather) - MV75

Pos	Name	Club	Cat	Time	Behind
1st	Jim Patterson	Newcastle and District AC	MV75	03:20:17	

Race (Shortened for weather) - F

Pos	Name	Club	Cat	Time	Behind
1st	Esther Dickson	Newry AC	F	02:28:49	
2nd	Alexa James	Carmen Runners	F	02:54:57	+00:26:08
3rd	Rachel Wallace	Newcastle and District AC	F	03:17:05	+00:48:16

April 22, 2023

RESULTS - PROVISIONAL

Race (Shortened for weather) - F

Pos	Name	Club	Cat	Time	Behind
4th	Nicola Frizelle	Springwell Running Club	F	04:39:26	+02:10:37
	Bernadette O'kane	Springwell Running Club	F	rtd	

Race (Shortened for weather) - FV40

Pos	Name	Club	Cat	Time	Behind
1st	Ciara Coffey	Newry AC	FV40	03:15:02	
2nd	Carolyn Crawford	Springwell Running Club	FV40	04:39:24	+01:24:22
	Eimear Deegan	Lakeshore Striders	FV40	m2-5	

Race (Shortened for weather) - FV45

Pos	Name	Club	Cat	Time	Behind
1st	Hazel McLaughlin	Lagan Valley AC	FV45	03:19:33	
2nd	Helen Cassidy	NI Mountain Running Association	FV45	03:37:20	+00:17:47
3rd	Sharon Dickenson	Mourne Runners	FV45	04:26:41	+01:07:08
4th	Alicia Christofi-Walshe	Unattached	FV45	04:28:39	+01:09:06
	Gail Nicolson	Unattached	FV45	m2-5	

Race (Shortened for weather) - FV50

Pos	Name	Club	Cat	Time	Behind
1st	Karen Wilton	Jog Lisburn Running Club	FV50	03:07:12	
2nd	Amanda Perry	NI Mountain Running Association	FV50	03:15:19	+00:08:07

Race (Shortened for weather) - FV55

Pos	Name	Club	Cat	Time	Behind
1st	Denise Mathers	Mourne Runners	FV55	03:37:17	
2nd	Orla McElroy	NI Mountain Running Association	FV55	03:38:12	+00:00:55