## Annalong Horseshoe 2023

April 22, 2023
RESULTS - PROVISIONAL
Race (Shortened for weather)

| Pos | Name | Club | Cat | Time | Behind |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Zak Hanna | Newcastle and District AC | M | 01:55:21 |  |
| 2nd | Shane Lynch | Glenmore AC | MV40 | 01:56:22 | +00:01:01 |
| 3rd | Adam Cunningham | Mourne Runners | M | 01:58:13 | +00:02:52 |
| 4th | Jonny Steede | Glens Runners | MV40 | 02:03:16 | +00:07:55 |
| 5th | John Marrs | Glens Runners | MV40 | 02:07:16 | +00:11:55 |
| 6th | Jack Proctor | BARF NI | M | 02:08:11 | +00:12:50 |
| 7th | Keith Johnston | Armagh AC | M | 02:09:18 | +00:13:57 |
| 8th | David Hicks | Unattached | MV40 | 02:11:25 | +00:16:04 |
| 9th | James Millar | Mourne Runners | M | 02:13:24 | +00:18:03 |
| 10th | Kyle Arbuthnot | Willowfield Harriers | M | 02:15:01 | +00:19:40 |
| 11th | Alan Ritchie | St Peter's | M | 02:16:54 | +00:21:33 |
| 12th | Clive Bailey | Mourne Runners | MV50 | 02:17:35 | +00:22:14 |
| 13th | Ronan Davison-Kernan | BARF NI | M | 02:18:08 | +00:22:47 |
| 14th | William Imrie | BARF NI | M | 02:19:09 | +00:23:48 |
| 15th | Gary Bailey | Mourne Runners | MV40 | 02:19:35 | +00:24:14 |
| 16th | Billy Reed | East Antrim Harriers | MV55 | 02:19:40 | +00:24:19 |
| 17th | James Lappin | Ballydrain Harriers | MV45 | 02:20:08 | +00:24:47 |
| 18th | Michael McAuley | Mallusk Harriers | MV45 | 02:20:11 | +00:24:50 |
| 19th | Stephen Hoey | Jog Lisburn Running Club | MV55 | 02:20:24 | +00:25:03 |
| 20th | Conor Morrow | NI Mountain Running Association | M | 02:22:20 | +00:26:59 |
| 21st | Esther Dickson | Newry AC | F | 02:28:49 | +00:33:28 |
| 22nd | Dale Mathers | Mourne Runners | MV55 | 02:34:51 | +00:39:30 |
| 23rd | Dominic McLarnon | Glens Runners | MV40 | 02:34:57 | +00:39:36 |
| 24th | Tim Lowry | Ballymena Runners | MV45 | 02:35:11 | +00:39:50 |
| 25th | Duncan Millar | Ballymena Runners | MV45 | 02:36:02 | +00:40:41 |
| 26th | Tim Wilson | BARF NI | MV45 | 02:38:42 | +00:43:21 |
| 27th | Craig McCauley | Mourne Runners | MV50 | 02:41:36 | +00:46:15 |
| 28th | Maciej Dzieledziak | Unattached | M | 02:41:43 | +00:46:22 |
| 29th | Brendan Boggs | Strabane Tri Club | M | 02:41:55 | +00:46:34 |
| 30th | Alan Ayling | GEN | MV45 | 02:42:21 | +00:47:00 |
| 31st | Conor Savage | BARF NI | M | 02:42:33 | +00:47:12 |
| 32nd | Ian Rainey | NI Mountain Running Association | MV40 | 02:43:48 | +00:48:27 |
| 33rd | Laurence Dorman | Mourne Runners | MV45 | 02:45:59 | +00:50:38 |
| 34th | John Pugh | Unattached | M | 02:52:20 | +00:56:59 |
| 35th | Andrew McParland | BARF NI | M | 02:52:26 | +00:57:05 |
| 36th | Luke Tarry | BARF NI | M | 02:54:22 | +00:59:01 |
| 37th | Philip McGavock | Roe Valley Cycling Club | MV40 | 02:54:41 | +00:59:20 |
| 38th | Alexa James | Carmen Runners | F | 02:54:57 | +00:59:36 |
| 39th | Gareth Kelly | Armagh AC | MV45 | 02:55:25 | +01:00:04 |
| 40th | Colin McGinty | Omagh Harriers | M | 02:56:07 | +01:00:46 |
| 41st | Martin McMullan | Unattached | MV45 | 02:57:59 | +01:02:38 |
| 42nd | Clive Coffey | NI Mountain Running Association | MV55 | 02:59:23 | +01:04:02 |
| 43rd | Cameron Brush | Unattached | M | 03:05:47 | +01:10:26 |
| 44th | Joe Wilson | Unattached | MV40 | 03:06:14 | +01:10:53 |
| 45th | Karen Wilton | Jog Lisburn Running Club | FV50 | 03:07:12 | +01:11:51 |
| 46th | Ciarán McAleenan | Mourne Runners | MV60 | 03:07:19 | +01:11:58 |
| 47th | Gareth Hardy | BARF NI | MV40 | 03:10:00 | +01:14:39 |
| 48th | Stephen Cassidy | NI Mountain Running Association | MV50 | 03:11:05 | +01:15:44 |
| 49th | Paul Moore | BARF NI | MV45 | 03:13:45 | +01:18:24 |
| 50th | Colin Brennan | Springwell Running Club | MV60 | 03:14:32 | +01:19:11 |

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| Pos | Name | Club | Cat | Time | Behind |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 51st | Ciara Coffey | Newry AC | FV40 | 03:15:02 | +01:19:41 |
| 52nd | Amanda Perry | NI Mountain Running Association | FV50 | 03:15:19 | +01:19:58 |
| 53rd | Mark Dugan | Ballydrain Harriers | MV55 | 03:15:33 | +01:20:12 |
| 54th | Martin Coughlan | Unattached | MV50 | 03:15:58 | +01:20:37 |
| 55th | Graham Hill | Ballydrain Harriers | MV50 | 03:16:07 | +01:20:46 |
| 56th | Shirhaan Hameed | Springwell Running Club | MV40 | 03:16:42 | +01:21:21 |
| 57th | Rachel Wallace | Newcastle and District AC | F | 03:17:05 | +01:21:44 |
| 58th | Ronan Mynes | Newry AC | MV50 | 03:18:08 | +01:22:47 |
| 59th | Noel Carr | Newry AC | MV45 | 03:18:11 | +01:22:50 |
| 60th | Hazel McLaughlin | Lagan Valley AC | FV45 | 03:19:33 | +01:24:12 |
| 61st | Jim Patterson | Newcastle and District AC | MV75 | 03:20:17 | +01:24:56 |
| 62nd | Dan Earnshaw | Unattached | MU23 | 03:24:19 | +01:28:58 |
| 63rd | Andrew Wallace | Ballydrain Harriers | MV55 | 03:24:26 | +01:29:05 |
| 64th | Mark Elliott | Ballydrain Harriers | MV50 | 03:24:33 | +01:29:12 |
| 65th | Gary Arbuthnot | Willowfield Harriers | MV50 | 03:25:26 | +01:30:05 |
| 66th | David Bell | Mourne Runners | MV60 | 03:35:02 | +01:39:41 |
| 67th | Denise Mathers | Mourne Runners | FV55 | 03:37:17 | +01:41:56 |
| 68th | Helen Cassidy | NI Mountain Running Association | FV45 | 03:37:20 | +01:41:59 |
| 69th | Zachary Askham | BARF NI | M | 03:37:38 | +01:42:17 |
| 70th | Orla McElroy | NI Mountain Running Association | FV55 | 03:38:12 | +01:42:51 |
| 71st | Tim Kerr | Unattached | MV50 | 03:46:13 | +01:50:52 |
| 72nd | Fiachra Ó Cochláin | Unattached | M | 03:52:22 | +01:57:01 |
| 73rd | Cormac Condren | Unattached | M | 03:52:24 | +01:57:03 |
| 74th | Sharon Dickenson | Mourne Runners | FV45 | 04:26:41 | +02:31:20 |
| 75th | Alicia Christofi-Walshe | Unattached | FV45 | 04:28:39 | +02:33:18 |
| 76th | Ricky Cowan | Mourne Runners | MV70 | 04:31:11 | +02:35:50 |
| 77th | Conor Duffy | NI Mountain Running Association | M | 04:39:21 | +02:44:00 |
| 78th | Carolyn Crawford | Springwell Running Club | FV40 | 04:39:24 | +02:44:03 |
| 79th | Nicola Frizelle | Springwell Running Club | F | 04:39:26 | +02:44:05 |
| 80th | Declan McGrellis (Sweeper) | BARF | MV50 | 04:42:31 | +02:47:10 |
|  | Roger Aiken | Dromore AC | MV40 | m2-5 |  |
|  | Lar Griffin | Unattached | MV60 | m2-5 |  |
|  | Gail Nicolson | Unattached | FV45 | m2-5 |  |
|  | Eimear Deegan | Lakeshore Striders | FV40 | m2-5 |  |
|  | Bernadette O'kane | Springwell Running Club | F | rtd |  |

