June 03, 2023

RESULTS - PROVISIONAL

Race - M Open 10 miles 2200ft

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Pos	No.	Name	Club	Cat	Time	Behind
1st	28	Jonny Steede	Glens Runners	MV40	01:16:40	
2nd	84	Shane Lynch	Glenmore AC	MV40	01:17:05	+00:00:25
3rd	99	Keith Johnston	Armagh AC	М	01:20:32	+00:03:52
4th	51	Glynn Johnston	BARF NI	MV45	01:20:56	+00:04:16
5th	59	Alan Ritchie	St Peters	М	01:21:10	+00:04:30
6th	90	Roger Aiken	Dromore AC	MV40	01:23:01	+00:06:21
7th	23	John Marrs	Glens Runners	MV40	01:23:34	+00:06:54
8th	76	Gareth King	Kernan Run Club	MV40	01:24:16	+00:07:36
9th	72	James Millar	Mourne Runners	М	01:24:45	+00:08:05
10th	5	Stephen Hoey	Jog Lisburn Running Club	MV55	01:27:44	+00:11:04
11th	50	Jonathan McCloy	BARF NI	М	01:28:04	+00:11:24
12th	3	Jack Proctor	BARF NI	М	01:28:39	+00:11:59
13th	33	Dominic McLarnon	Glens Runners	MV40	01:29:42	+00:13:02
14th	73	Barry McCarroll	Slieve Gullion Runners	MV45	01:30:08	+00:13:28
15th	63	Billy Reed	East Antrim Harriers	MV55	01:30:34	+00:13:54
16th	62	Michael McAuley	Mallusk Harriers	MV45	01:31:00	+00:14:20
17th	54	Niall Wheeler	Glens Runners	MV40	01:31:22	+00:14:42
18th	107	Mark Alexander	Ballymena Runners	MV50	01:31:40	+00:15:00
19th	46	Ronan Davison-Kernan	BARF NI	М	01:31:56	+00:15:16
20th	113	Nat Glenn	North Belfast Harriers	MV55	01:32:53	+00:16:13
21st	30	Eoghan Gribbin	Pace Running Club	М	01:34:14	+00:17:34
22nd	41	Gareth Blair	East Antrim Harriers	MV45	01:34:19	+00:17:39
23rd	96	Luke Tarry	BARF NI	М	01:34:33	+00:17:53
24th	106	Andrew McParland	BARF NI	М	01:35:07	+00:18:27
25th	48	William Imrie	BARF NI	М	01:35:29	+00:18:49
26th	55	Joe Wilson	Unattached	MV40	01:36:52	+00:20:12
27th	86	Duncan Millar	Ballymena Runners	MV45	01:37:37	+00:20:57
28th	105	Gareth Kelly	Armagh AC	MV45	01:38:14	+00:21:34
29th	27	Paul Vennard	Unattached	М	01:38:44	+00:22:04
30th	109	Sam Herron	Mourne Runners	MV40	01:39:37	+00:22:57
31st	39	James Lappin	Ballydrain Harriers	MV45	01:40:11	+00:23:31
32nd	88	Paul Moore	BARF NI	MV45	01:40:49	+00:24:09
33rd	24	Andrew Willis	Jog Lisburn Running Club	MV50	01:41:01	+00:24:21
34th	21	Thomas Macaulay	Unattached	MV45	01:41:27	+00:24:47
35th	13	Mike Jordan	IMRA	М	01:41:52	+00:25:12
36th	69	Shirhaan Hameed	Springwell Running Club	MV40	01:43:09	+00:26:29
37th	44	Tim Wilson	BARF NI	MV45	01:43:31	+00:26:51
38th	16	Eoin Syron	IMRA	MV40	01:43:58	+00:27:18
39th	70	lan Rainey	NI Mountain Running Association	MV40	01:44:04	+00:27:24
40th	60	Graham Hill	Ballydrain Harriers	MV50	01:44:35	+00:27:55
41st	82	Andy Gregg	Larne AC	MV55	01:45:01	+00:28:21
42nd	71	John Neill	East Antrim Harriers	MV45	01:45:12	+00:28:32
43rd	53	Owen Boden	Mourne Runners	MV45	01:47:57	+00:31:17
44th	12	James McLornan	Ballymena Runners	MV40	01:48:48	+00:32:08
45th	92	Ivan Millar	NI Mountain Running Association	MV50	01:49:14	+00:32:34
46th	112	Rob St.John	Bowland Fell Runners	М	01:49:43	+00:33:03
47th	95	Pearse Brogan	Newcastle and District AC	М	01:50:14	+00:33:34
48th	11	Colin McGinty	Omagh Harriers	М	01:50:31	+00:33:51

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Race - M Open 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
49th	100	Fraser Andrews	Unattached	М	01:51:31	+00:34:51
50th	31	Chris Brown	Seapark AC	MV40	01:51:47	+00:35:07
51st	93	Colin Masson	Unattached	MV50	01:51:56	+00:35:16
52nd	58	Thomas Craig	Larne AC	М	01:52:35	+00:35:55
53rd	56	Ian Bailey	Lagan Valley AC	MV60	01:57:09	+00:40:29
54th	38	Zachary Askham	BARF NI	М	01:57:13	+00:40:33
55th	111	Brian Welch	Unattached	MV55	01:57:21	+00:40:41
56th	22	Gary Longridge	BARF NI	MV45	01:57:45	+00:41:05
57th	10	Gary Hunsdale	Coastal Runners NI	MV45	02:02:27	+00:45:47
58th	98	Andrew Wallace	Ballydrain Harriers	MV55	02:02:53	+00:46:13
59th	43	John Crawley	Unattached	MV55	02:05:56	+00:49:16
60th	77	Steven McIntyre	Jog Moira	MV50	02:07:23	+00:50:43
61st	6	Chris Stevenson	Coastal Runners NI	MV45	02:09:31	+00:52:51
62nd	32	Alan Beatty	Unattached	MV55	02:11:14	+00:54:34
63rd	91	Brian McAuley	Glens Runners	MV55	02:12:27	+00:55:47
64th	34	Conor Duffy	NI Mountain Running Association	М	02:12:55	+00:56:15
65th	9	Stuart Scott	IMRA	М	02:14:28	+00:57:48
66th	110	Craig Millar	Carrickfergus runners	MV55	02:24:17	+01:07:37
67th	52	Clarke Campbell	BARF NI	MV55	02:25:04	+01:08:24
68th	87	lan Taylor	BARF NI	MV75	03:00:21	+01:43:41

Race - F Open 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	80	Naomi McCurry	Glens Runners	F	01:34:53	
2nd	61	Amanda Perry	Ballydrain Harriers	FV50	01:35:45	+00:00:52
3rd	7	Niamh Marrs	Glens Runners	FV40	01:36:01	+00:01:08
4th	40	Bernadette O'kane	Springwell Running Club	F	01:37:39	+00:02:46
5th	15	Ciara Coffey	Newry AC	FV40	01:43:49	+00:08:56
6th	49	Aine McNeill	Dromore AC	FV55	01:49:31	+00:14:38
7th	26	Shirley Farnan	BARF NI	FV55	01:51:13	+00:16:20
8th	1	Joanna Wheeler Connon	Glens Runners	FV40	01:52:47	+00:17:54
9th	17	Sinead-Marie Mcallister	Larne AC	F	01:53:29	+00:18:36
10th	108	Ruth Aiken	Ballymena Runners	FV45	01:58:10	+00:23:17
11th	102	Patricia Shields	Murlough AC	FV60	02:02:09	+00:27:16
12th	36	Adele Tomb	Springwell Running Club	FV50	02:02:41	+00:27:48
13th	20	Heather Kerr	Whitehead Runners	FV45	02:05:57	+00:31:04
14th	97	Olivia Godfrey	Unattached	F	02:07:14	+00:32:21
15th	8	Naomi Montgomery	Coastal Runners NI	FV40	02:10:32	+00:35:39
16th	104	Fiona Simms	BARF NI	F	02:12:59	+00:38:06
17th	103	Paula Mckibbin	Murlough AC	FV55	02:15:48	+00:40:55
18th	25	Sharon McCracken	BARF NI	FV40	02:38:16	+01:03:23

Race - MV40 10 miles 2200ft

Pos No. Name		Club	Cat Time Behin	<u>d</u>
1st 28	Jonny Steede	Glens Runners	MV40 01:16:40	
2nd 84	Shane Lynch	Glenmore AC	MV40 01:17:05 +00:00:2	:5

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Race - MV40 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
3rd	90	Roger Aiken	Dromore AC	MV40	01:23:01	+00:06:21
4th	23	John Marrs	Glens Runners	MV40	01:23:34	+00:06:54
5th	76	Gareth King	Kernan Run Club	MV40	01:24:16	+00:07:36
6th	33	Dominic McLarnon	Glens Runners	MV40	01:29:42	+00:13:02
7th	54	Niall Wheeler	Glens Runners	MV40	01:31:22	+00:14:42
8th	55	Joe Wilson	Unattached	MV40	01:36:52	+00:20:12
9th	109	Sam Herron	Mourne Runners	MV40	01:39:37	+00:22:57
10th	69	Shirhaan Hameed	Springwell Running Club	MV40	01:43:09	+00:26:29
11th	16	Eoin Syron	IMRA	MV40	01:43:58	+00:27:18
12th	70	Ian Rainey	NI Mountain Running Association	MV40	01:44:04	+00:27:24
13th	12	James McLornan	Ballymena Runners	MV40	01:48:48	+00:32:08
14th	31	Chris Brown	Seapark AC	MV40	01:51:47	+00:35:07

Race - MV45 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	51	Glynn Johnston	BARF NI	MV45	01:20:56	
2nd	73	Barry McCarroll	Slieve Gullion Runners	MV45	01:30:08	+00:09:12
3rd	62	Michael McAuley	Mallusk Harriers	MV45	01:31:00	+00:10:04
4th	41	Gareth Blair	East Antrim Harriers	MV45	01:34:19	+00:13:23
5th	86	Duncan Millar	Ballymena Runners	MV45	01:37:37	+00:16:41
6th	105	Gareth Kelly	Armagh AC	MV45	01:38:14	+00:17:18
7th	39	James Lappin	Ballydrain Harriers	MV45	01:40:11	+00:19:15
8th	88	Paul Moore	BARF NI	MV45	01:40:49	+00:19:53
9th	21	Thomas Macaulay	Unattached	MV45	01:41:27	+00:20:31
10th	44	Tim Wilson	BARF NI	MV45	01:43:31	+00:22:35
11th	71	John Neill	East Antrim Harriers	MV45	01:45:12	+00:24:16
12th	53	Owen Boden	Mourne Runners	MV45	01:47:57	+00:27:01
13th	22	Gary Longridge	BARF NI	MV45	01:57:45	+00:36:49
14th	10	Gary Hunsdale	Coastal Runners NI	MV45	02:02:27	+00:41:31
15th	6	Chris Stevenson	Coastal Runners NI	MV45	02:09:31	+00:48:35

Race - MV50 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	107	Mark Alexander	Ballymena Runners	MV50	01:31:40	
2nd	24	Andrew Willis	Jog Lisburn Running Club	MV50	01:41:01	+00:09:21
3rd	60	Graham Hill	Ballydrain Harriers	MV50	01:44:35	+00:12:55
4th	92	Ivan Millar	NI Mountain Running Association	MV50	01:49:14	+00:17:34
5th	93	Colin Masson	Unattached	MV50	01:51:56	+00:20:16
6th	77	Steven McIntyre	Jog Moira	MV50	02:07:23	+00:35:43

Race - MV55 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	5	Stephen Hoey	Jog Lisburn Running Club	MV55	01:27:44	
2nd	63	Billy Reed	East Antrim Harriers	MV55	01:30:34	+00:02:50
3rd	113	Nat Glenn	North Belfast Harriers	MV55	01:32:53	+00:05:09

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Race - MV55 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
4th	82	Andy Gregg	Larne AC	MV55	01:45:01	+00:17:17
5th	111	Brian Welch	Unattached	MV55	01:57:21	+00:29:37
6th	98	Andrew Wallace	Ballydrain Harriers	MV55	02:02:53	+00:35:09
7th	43	John Crawley	Unattached	MV55	02:05:56	+00:38:12
8th	32	Alan Beatty	Unattached	MV55	02:11:14	+00:43:30
9th	91	Brian McAuley	Glens Runners	MV55	02:12:27	+00:44:43
10th	110	Craig Millar	Carrickfergus runners	MV55	02:24:17	+00:56:33
11th	52	Clarke Campbell	BARF NI	MV55	02:25:04	+00:57:20

Race - MV60 10 miles 2200ft

Pos	No.	Na	ame	•	Club		Cat	Time	Behind

1st 56 Ian Bailey Lagan Valley AC MV60 01:57:09

Race - MV75 10 miles 2200ft

Pos No.	Name	Club	Cat	Time	Behind

1st 87 Ian Taylor BARF NI MV75 03:00:21

Race - FV40 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	7	Niamh Marrs	Glens Runners	FV40	01:36:01	
2nd	15	Ciara Coffey	Newry AC	FV40	01:43:49	+00:07:48
3rd	1	Joanna Wheeler Connon	Glens Runners	FV40	01:52:47	+00:16:46
4th	8	Naomi Montgomery	Coastal Runners NI	FV40	02:10:32	+00:34:31
5th	25	Sharon McCracken	BARF NI	FV40	02:38:16	+01:02:15

Race - FV45 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	108	Ruth Aiken	Ballymena Runners	FV45	01:58:10	
2nd	20	Heather Kerr	Whitehead Runners	s FV45	02:05:57	+00:07:47

Race - FV50 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	61	Amanda Perry	Ballydrain Harriers	FV50	01:35:45	
2nd	36	Adele Tomb	Springwell Running Club	FV50	02:02:41	+00:26:56

Race - FV55 10 miles 2200ft

Pos	No.	Name	Club	Cat	Time	Behind
1st	49	Aine McNeill	Dromore AC	FV55	01:49:31	
2nd	26	Shirley Farnan	BARF NI	FV55	01:51:13	+00:01:42
3rd	103	Paula Mckibbin	Murlough AC	FV55	02:15:48	+00.26.17

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Race - FV60 10 miles 2200ft

Pos No. Name Club Cat Time Behind

1st 102 Patricia Shields Murlough AC FV60 02:02:09