

# Seven Sevens 2023

August 12, 2023

## RESULTS - PROVISIONAL

### 30.5 miles 2600m

Pos	No.	Name	Club	Cat	Time	Behind
1st	425	Adam Cunningham	Mourne Runners	M	<b>03:54:44</b>	
2nd	461	Joshua Mcatee	Mourne Runners	M	<b>04:04:12</b>	+00:09:28
3rd	413	Shane Lynch	Glenmore AC	MV40	<b>04:06:52</b>	+00:12:08
4th	409	Jonny Steede	Glens Runners	MV40	<b>04:10:08</b>	+00:15:24
5th	483	Keith Johnston	Armagh AC	M	<b>04:29:22</b>	+00:34:38
6th	487	Alan Ritchie	Unattached	M	<b>04:34:53</b>	+00:40:09
7th=	412	Aidan McMoreland	Unattached	MV40	<b>04:37:03</b>	+00:42:19
7th=	411	Donal McMorland	Glenmore AC	MV40	<b>04:37:03</b>	+00:42:19
9th	423	Mark McElroy	Newry AC	MV40	<b>04:39:21</b>	+00:44:37
10th	481	William Imrie	BARF NI	M	<b>04:50:24</b>	+00:55:40
11th	472	Conor Savage	BARF NI	M	<b>04:54:23</b>	+00:59:39
12th	478	Billy Reed	East Antrim Harriers	MV55	<b>04:54:29</b>	+00:59:45
13th	455	Liam Cotter	UCC Orienteers	MU23	<b>04:59:21</b>	+01:04:37
14th	452	Esther Dickson	Newry AC	F	<b>04:59:25</b>	+01:04:41
15th	410	David McKeague	North Down AC	MV45	<b>05:02:01</b>	+01:07:17
16th	415	James Lappin	Ballydrain Harriers	MV45	<b>05:02:41</b>	+01:07:57
17th	462	Roger Aiken	Dromore AC	MV40	<b>05:08:23</b>	+01:13:39
18th	479	Andy Keeling	IMRA	MV40	<b>05:11:30</b>	+01:16:46
19th	449	Tim Wilson	BARF NI	MV45	<b>05:16:15</b>	+01:21:31
20th	446	Lorcan Vallely	Armagh AC	MV40	<b>05:17:28</b>	+01:22:44
21st	459	Conor Morrow	NI Mountain Running Association	M	<b>05:24:29</b>	+01:29:45
22nd	466	Dan Earnshaw	Unattached	MU23	<b>05:25:25</b>	+01:30:41
23rd	486	Dale Mathers	Mourne Runners	MV55	<b>05:25:52</b>	+01:31:08
24th	480	Luke Tarry	BARF NI	M	<b>05:31:54</b>	+01:37:10
25th	427	Bernadette Quinn (O'Kane)	Springwell Running Club	F	<b>05:32:00</b>	+01:37:16
26th	482	Philip McGavock	Roe Valley Cycling Club	MV40	<b>05:36:25</b>	+01:41:41
27th	477	Liam Vines	Imra	MV50	<b>05:39:35</b>	+01:44:51
28th	417	Darren Crawley	Unattached	MV45	<b>05:40:34</b>	+01:45:50
29th	422	Jp Thomas	Dromore AC	MV40	<b>05:42:19</b>	+01:47:35
30th	441	Graham Smyth	Lagan Valley AC	MV40	<b>05:43:58</b>	+01:49:14
31st	440	Declan McGrellis	BARF NI	MV50	<b>05:44:28</b>	+01:49:44
32nd	474	Joshua Chambers	Unattached	M	<b>05:48:48</b>	+01:54:04
33rd	437	Colin Brennan	Springwell Running Club	MV60	<b>05:49:28</b>	+01:54:44
34th	469	Alexa James	Carmen Runners	F	<b>05:49:35</b>	+01:54:51
35th	414	Cameron Brush	BARF NI	M	<b>05:53:29</b>	+01:58:45
36th	445	Rory Mulvaney	Newry AC	M	<b>05:54:16</b>	+01:59:32
37th	485	Mark Stringer	BARF NI	M	<b>05:55:07</b>	+02:00:23
38th	457	Alan Elwood	Dromore AC	MV50	<b>05:55:24</b>	+02:00:40
39th	453	Nicki McPeak	IMRA	MV45	<b>05:55:25</b>	+02:00:41
40th	467	Owen Boden	Mourne Runners	MV45	<b>05:59:21</b>	+02:04:37
41st	460	Peter McEvoy	Mourne Runners	M	<b>05:59:44</b>	+02:05:00
42nd	448	Richard Leahy	Unattached	MV50	<b>06:08:28</b>	+02:13:44
43rd	458	Simon Reeve	North Belfast Harriers	MV45	<b>06:12:14</b>	+02:17:30
44th=	408	Joanna Wheeler Connon	Glens Runners	FV40	<b>06:12:59</b>	+02:18:15
44th=	475	Brian Brannigan	Newcastle and District AC	MV60	<b>06:12:59</b>	+02:18:15
46th	433	Kevin Hamill	North East Runners	MV50	<b>06:19:48</b>	+02:25:04
47th	465	Brian Mc Morrow	Unattached	M	<b>06:19:55</b>	+02:25:11
48th	444	Mark Elliott	Ballydrain Harriers	MV50	<b>06:25:03</b>	+02:30:19

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Pos	No.	Name	Club	Cat	Time	Behind
49th	476	Alan Richardson	Unattached	MV45	06:25:54	+02:31:10
50th	428	Shirhaan Hameed	Springwell Running Club	MV40	06:29:33	+02:34:49
51st	431	John Pugh	Dee Runners	M	06:32:17	+02:37:33
52nd	438	Maol Larkin	Unattached	M	06:33:53	+02:39:09
53rd	426	Paul Moore	BARF NI	MV45	06:39:46	+02:45:02
54th	424	Brian O'Mahony	Unattached	M	06:41:26	+02:46:42
55th	451	Hazel McLaughlin	Lagan Valley AC	FV45	06:43:57	+02:49:13
56th	430	Andrew Willis	Jog Lisburn Running Club	MV50	06:44:33	+02:49:49
57th	432	Nicola McIntyre	Jog Moira	FV50	06:44:45	+02:50:01
58th	418	Gary Arbuthnot	Willowfield Harriers	MV50	06:45:06	+02:50:22
59th	429	Shirley Farnan	BARF NI	FV55	06:55:29	+03:00:45
60th	454	Ronald Peacock	Unattached	MV45	06:55:40	+03:00:56
61st	447	Mark Weir	North Down AC	MV50	06:56:30	+03:01:46
62nd	443	Kevin Murdock	Team Purple	MV55	07:08:11	+03:13:27
63rd	464	Shane Molloy	Unattached	M	07:08:50	+03:14:06
64th	442	Marcus Totten	Unattached	M	07:11:23	+03:16:39
65th	404	Paddy Ritchie	Ballydrain Harriers	MV50	07:20:54	+03:26:10
66th	463	Patricia Shields	Murlough AC	FV60	07:26:58	+03:32:14
67th	406	Fiona Simms	BARF NI	F	07:34:34	+03:39:50
68th	468	Barry Anderson	Jog Moira	MV50	07:36:04	+03:41:20
69th	450	Paul Gilligan	IMRA	MV45	07:36:36	+03:41:52
70th	416	Aisling Crawley	Unattached	FV45	07:41:27	+03:46:43
71st	439	Trevor Wilson	BARF NI	MV60	07:43:19	+03:48:35
72nd	435	Wilson McAlister	Jog Moira	MV60	07:49:54	+03:55:10
73rd	434	Richard Worledge	Unattached	MV65	08:00:12	+04:05:28
74th=	420	Stephen Morris	Willowfield Harriers	MV45	08:00:51	+04:06:07
74th=	419	Duncan Corrie	Willowfield Harriers	M	08:00:51	+04:06:07
76th	405	John Crawley	1ZERO1 AthletesNone	MV55	08:01:48	+04:07:04
77th	471	Marisa Friedrich	Unattached	F	08:08:40	+04:13:56
78th	470	Brendan McKenna	Unattached	M	08:08:42	+04:13:58
79th	403	Sarah Steer	Orangegrove AC	F	08:36:46	+04:42:02
80th	402	Sharon Dickenson	Mourne Runners	FV45	08:44:19	+04:49:35
81st	401	Ricky Cowan	Mourne Runners	MV70	08:53:44	+04:59:00
	456	Jonathan McCloy	BARF	M	m6-8	
	436	Colin McGinty	Omagh Harriers	M	rtd	
	484	Louise Armstrong	Unattached	F	rtd	
	473	Joshua Alderdice	Unattached	M	rtd	
	421	Richard Wilson	BARF NI	MV40	rtd	
	407	Jurgita McCormick	Dromore AC	FV40	rtd	