

# The Two Towers

August 26, 2023

## RESULTS - PROVISIONAL

Pos	Name	Club	Cat	Time	Behind
1st	Adam Cunningham	Mourne Runners	M	01:17:11	
2nd	Joshua Mcatee	Mourne Runners	M	01:17:14	+00:00:03
3rd	Jonny Steede	Glens Runners	MV40	01:18:08	+00:00:57
4th	Shane Lynch	Glenmore AC	MV40	01:19:15	+00:02:04
5th	Jonathan Scott	Mourne Runners	M	01:20:49	+00:03:38
6th	James Millar	Mourne Runners	M	01:21:02	+00:03:51
7th	Keith Johnston	Armagh AC	M	01:21:21	+00:04:10
8th	John Marrs	Glens Runners	MV40	01:22:16	+00:05:05
9th	Marcus Bishop	NIMRA	M	01:28:57	+00:11:46
10th	Jack Proctor	BARF NI	M	01:29:30	+00:12:19
11th	Clive Bailey	Mourne Runners	MV50	01:30:42	+00:13:31
12th	Andrew Tees	BARF NI	MV40	01:32:09	+00:14:58
13th	Edward O Connor	Brothers pearse	M	01:34:42	+00:17:31
14th	Ronan Davison-Kernan	BARF NI	M	01:34:53	+00:17:42
15th	Andrew Elwood	Durham University AXC	M	01:34:56	+00:17:45
16th	William Imrie	BARF NI	M	01:35:00	+00:17:49
17th	Billy Reed	East Antrim Harriers	MV55	01:35:11	+00:18:00
18th	James Lappin	Ballydrain Harriers	MV45	01:35:15	+00:18:04
19th	Niall Wheeler	Glens Runners	MV40	01:36:04	+00:18:53
20th	Roger Aiken	Dromore AC	MV40	01:36:52	+00:19:41
21st	David McKeague	North Down AC	MV45	01:37:47	+00:20:36
22nd	Declan McGrellis	BARF NI	MV50	01:38:19	+00:21:08
23rd	Martsje Hell	North Belfast Harriers	F	01:38:48	+00:21:37
24th	Graham Smyth	Lagan Valley AC	MV40	01:39:04	+00:21:53
25th	Michael McGreevy	Newcastle and District AC	M	01:41:11	+00:24:00
26th	Gareth Kelly	Armagh AC	MV45	01:41:17	+00:24:06
27th	Pete Grant	Newcastle and District AC	MV55	01:41:29	+00:24:18
28th	Peter Reed	East Antrim Harriers	M	01:41:46	+00:24:35
29th	Mike Jordan	IMRA	M	01:41:59	+00:24:48
30th	Bernadette Quinn	Springwell Running Club	F	01:42:03	+00:24:52
31st	Alan Elwood	Dromore AC	MV50	01:43:02	+00:25:51
32nd	Conor Duffy	Newcastle and District AC	M	01:43:58	+00:26:47
33rd	Joe Wilson	Unattached	MV40	01:44:45	+00:27:34
34th	Pearse Brogan	Newcastle and District AC	M	01:45:47	+00:28:36
35th	Gareth Hardy	BARF NI	MV40	01:45:52	+00:28:41
36th	Dominic McGreevy	Newcastle and District AC	MV65	01:45:53	+00:28:42
37th	Amanda Perry	Ballydrain Harriers	FV50	01:46:12	+00:29:01
38th	Ryan Mcdonald	Newcastle and District AC	MV40	01:46:18	+00:29:07
39th	Peter McEvoy	Mourne Runners	M	01:47:58	+00:30:47
40th	Graham Hill	Ballydrain Harriers	MV50	01:49:51	+00:32:40
41st	Ivan Millar	Unattached	MV50	01:50:27	+00:33:16
42nd	Mickey Flynn	Newcastle AC	MV40	01:51:09	+00:33:58
43rd	Ian Rainey	NIMRA	MV40	01:51:12	+00:34:01
44th	Sarah Graham	Mourne Runners	F	01:51:14	+00:34:03
45th	Andrew Topping	East Coast AC	MV55	01:52:39	+00:35:28
46th	Dale Mathers	Mourne Runners	MV55	01:54:35	+00:37:24
47th	James McLornan	Ballymena Runners	MV40	01:54:52	+00:37:41
48th	Caolán Tierney	Unattached	M	01:55:23	+00:38:12
49th	Catherine McIntosh	Unattached	FV45	01:55:29	+00:38:18
50th	Ciara Coffey	Newry AC	FV40	01:55:31	+00:38:20

# The Two Towers

August 26, 2023

## RESULTS - PROVISIONAL

Pos	Name	Club	Cat	Time	Behind
51st	Mark Elliott	Ballydrain Harriers	MV50	<b>01:56:59</b>	+00:39:48
52nd	Shirhaan Hameed	Springwell Running Club	MV40	<b>01:57:29</b>	+00:40:18
53rd	John Pugh	Dee Runners	M	<b>01:58:38</b>	+00:41:27
54th	Brian Smyth	Unattached	MV60	<b>02:00:42</b>	+00:43:31
55th	Aine McNeill	Dromore AC	FV55	<b>02:01:02</b>	+00:43:51
56th	Kevin O Riordan	Unattached	MV40	<b>02:02:38</b>	+00:45:27
57th	Kathryn Meade	Newry AC	FV40	<b>02:02:51</b>	+00:45:40
58th	Rebecca Carolan	IMRA	FV45	<b>02:03:01</b>	+00:45:50
59th	Trevor Wilson	BARF NI	MV60	<b>02:08:28</b>	+00:51:17
60th	Colin Masson	Unattached	MV50	<b>02:08:53</b>	+00:51:42
61st	Johnny McKinley	Dromore AC	MV50	<b>02:09:16</b>	+00:52:05
62nd	Patricia Shields	Murlough AC	FV60	<b>02:09:59</b>	+00:52:48
63rd	Debbie Mingout	Ballydrain Harriers	FV45	<b>02:10:30</b>	+00:53:19
64th	Carolyn Crawford	Springwell Running Club	FV40	<b>02:11:45</b>	+00:54:34
65th	Ciara Ryan	Unattached	FV45	<b>02:12:11</b>	+00:55:00
66th	Paddy Ritchie	Ballydrain Harriers	MV50	<b>02:14:25</b>	+00:57:14
67th	Alan Beatty	Unattached	MV55	<b>02:14:40</b>	+00:57:29
68th	Aisling Crawley	1ZERO1 Athletes	FV45	<b>02:21:08</b>	+01:03:57
69th	Laura McCloskey	Unattached	FV40	<b>02:23:05</b>	+01:05:54
70th	Andy Bridge	BARF NI	MV60	<b>02:23:52</b>	+01:06:41
71st	Conor Duffy	NIMRA	M	<b>02:33:59</b>	+01:16:48