# Run for Rescue 2023

December 09, 2023

## RESULTS - PROVISIONAL

| Pos | Name | Club | Cat | Time | Behind |
|------|------|------|-----|------|--------|
| 1st | Tom Crudgington | Newcastle AC | MU20 | 00:40:58 | |
| 2nd | Adam Cunningham | Mourne Runners | MV35 | 00:42:17 | +00:01:19 |
| 3rd | Joshua McAtee | Mourne Runners | M | 00:42:55 | +00:01:57 |
| 4th | Patrick McDaid | Newcastle AC | MU20 | 00:43:08 | +00:02:10 |
| 5th | Ethan McMullan | Newcastle AC | MU20 | 00:43:15 | +00:02:17 |
| 6th | Tiarnan McManus | St Michael's AC | MU20 | 00:43:47 | +00:02:49 |
| 7th | Oliver Playfair | North Down AC | MU20 | 00:43:51 | +00:02:53 |
| 8th | John Marrs | Glens Runners | MV40 | 00:44:46 | +00:03:48 |
| 9th | David Smyth | Newcastle AC | MV35 | 00:45:29 | +00:04:31 |
| 10th | Gareth Lyons | North Belfast Harriers | MV45 | 00:45:57 | +00:04:59 |
| 11th | Paul Rooney | Unattached | MV40 | 00:46:08 | +00:05:10 |
| 12th | Roger Aiken | Dromore AC | MV40 | 00:46:11 | +00:05:13 |
| 13th | Maurice Harte | Newry AC | MV45 | 00:46:47 | +00:05:49 |
| 14th | Dominic McLarnon | Glens Runners | MV40 | 00:47:10 | +00:06:12 |
| 15th | Big Sean Donnelly | Unattached | MV35 | 00:47:16 | +00:06:18 |
| 16th | Conor Morrow | Unattached | M | 00:48:19 | +00:07:21 |
| 17th= | Gareth Blair | East Antrim Harriers | MV45 | 00:48:27 | +00:07:29 |
| 17th= | Jack Proctor | BARF | M | 00:48:27 | +00:07:29 |
| 19th | Josh Muckian | Slieve Gullion | MU20 | 00:48:29 | +00:07:31 |
| 20th | Damien McDaid | Newcastle AC | MV45 | 00:48:38 | +00:07:40 |
| 21st | Clive Bailey | Mourne Runners | MV50 | 00:48:42 | +00:07:44 |
| 22nd | Ciaran Brennan | Newcastle AC | M | 00:48:51 | +00:07:53 |
| 23rd | Rónán Davison-Kernan | BARF | M | 00:49:23 | +00:08:25 |
| 24th | Euan McIntosh | Newcastle AC | MU20 | 00:49:55 | +00:08:57 |
| 25th | Stephen Graham | Newcastle AC | MV35 | 00:50:51 | +00:09:53 |
| 26th | Mark Alexander | Ballymena Runners | MV50 | 00:51:45 | +00:10:47 |
| 27th | James Cuffey | East Down ac | M | 00:51:50 | +00:10:52 |
| 28th | Adam Lyons | Unattached | MV35 | 00:52:26 | +00:11:28 |
| 29th | Peter Tees | Springwell RC | MV35 | 00:52:38 | +00:11:40 |
| 30th | Thomas Jennings | Unattached | MV40 | 00:52:43 | +00:11:45 |
| 31st | Alexa James | Carmen Runners | F | 00:53:10 | +00:12:12 |
| 32nd | Delfim Pimentel | Unattached | MV55 | 00:53:11 | +00:12:13 |
| 33rd | Yasin Brannigan | Newcastle AC | MU20 | 00:53:16 | +00:12:18 |
| 34th | Cameron Brush | BARF | M | 00:53:45 | +00:12:47 |
| 35th | Karen Wilton | Jog Lisburn | FV50 | 00:53:50 | +00:12:52 |
| 36th | Catriona Edington | Unattached | F | 00:53:57 | +00:12:59 |
| 37th | Mark Dugan | Ballydrain Harriers | MV55 | 00:54:01 | +00:13:03 |
| 38th | Ryan McDonald | Newcastle AC | MV40 | 00:54:03 | +00:13:05 |
| 39th | Warren Cartmill | Newry AC | MV50 | 00:54:05 | +00:13:07 |
| 40th | Peter McEvoy | Mourne Runners | MV35 | 00:54:08 | +00:13:10 |
| 41st | Bernadette Quinn | Springwell RC | FV35 | 00:54:13 | +00:13:15 |
| 42nd | Andrew Willis | Jog Lisburn | MV50 | 00:54:15 | +00:13:17 |
| 43rd | Neville Ross | Unattached | MV45 | 00:54:19 | +00:13:21 |
| 44th | Stephen Hoey | Jog Lisburn | MV55 | 00:54:25 | +00:13:27 |
| 45th | Niall Gibney | East Down AC | MV45 | 00:54:28 | +00:13:30 |
| 46th | Pearse Brogan | Newcastle AC | M | 00:54:34 | +00:13:36 |
| 47th | Micky Flynn | Newcastle AC | MV40 | 00:54:41 | +00:13:43 |
| 48th | Edmund Bell | Unattached | M | 00:54:44 | +00:13:46 |
| 49th | Richard Graham | Unattached | MV35 | 00:54:58 | +00:14:00 |
| 50th | Colin McGinty | Omagh Harriers | MV35 | 00:54:59 | +00:14:01 |

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| Pos | Name | Club | Cat | Time | Behind |
|---|---|---|---|---|---|
| 51st | Joe Wilson | Unattached | MV40 | 00:55:03 | +00:14:05 |
| 52nd | Graham Hill | Ballydrain Harriers | MV50 | 00:55:07 | +00:14:09 |
| 53rd | Chris Law | BARF | M | 00:55:12 | +00:14:14 |
| 54th | Dominic McGreevey | Newcastle AC | MV65 | 00:55:34 | +00:14:36 |
| 55th | Martin Coughlan | Unattached | MV50 | 00:55:48 | +00:14:50 |
| 56th | Barry Holland | Crossfit | MV35 | 00:55:49 | +00:14:51 |
| 57th | Ivan Millar | Unattached | MV50 | 00:56:15 | +00:15:17 |
| 58th | Michael Harris | Jog Lisburn | MV55 | 00:56:20 | +00:15:22 |
| 59th | Adam Truesdale | Unattached | M | 00:56:42 | +00:15:44 |
| 60th | Ethan Lappin | Coastal Runners | MU20 | 00:57:01 | +00:16:03 |
| 61st | Clive Coffey | Physic & Co | MV55 | 00:57:31 | +00:16:33 |
| 62nd | Amanda Perry | Ballydrain Harriers | FV50 | 00:58:22 | +00:17:24 |
| 63rd | Stephen Begley | Albertville Harriers | MV55 | 00:58:27 | +00:17:29 |
| 64th | Wilson McAlister | Jog Moira | MV60 | 00:58:32 | +00:17:34 |
| 65th | Leslie Wilkinson | North Down AC | MV65 | 00:58:34 | +00:17:36 |
| 66th | Zach Askham | BARF | M | 00:58:35 | +00:17:37 |
| 67th | Michael James Welsh | Newry AC | M | 00:58:49 | +00:17:51 |
| 68th | Brian McLornan | Unattached | MV40 | 00:58:55 | +00:17:57 |
| 69th= | Gareth McKeown | Unattached | MV60 | 00:59:00 | +00:18:02 |
| 69th= | Catherine McIntosh | Newcastle AC | FV45 | 00:59:00 | +00:18:02 |
| 71st | Andrew Harvey | BARF | MV50 | 00:59:02 | +00:18:04 |
| 72nd | Ernest Hall | Newcastle AC | MV70 | 00:59:11 | +00:18:13 |
| 73rd | Nigel Playfair | North Down AC | MV50 | 00:59:12 | +00:18:14 |
| 74th | David Bell | Mourne Runners | MV60 | 00:59:20 | +00:18:22 |
| 75th | Colin Masson | Unattached | MV50 | 00:59:24 | +00:18:26 |
| 76th | Nicola McIntyre | Jog Moira | FV50 | 00:59:33 | +00:18:35 |
| 77th | Duncan Millar | Ballymena Runners | MV45 | 00:59:44 | +00:18:46 |
| 78th | Brian Geddis | North Down AC | MV65 | 01:00:06 | +00:19:08 |
| 79th | Sophie Truesdale | Down Triathlon Club | F | 01:00:19 | +00:19:21 |
| 80th | Aoife Magee | Lagan Valley AC | FU20 | 01:00:36 | +00:19:38 |
| 81st | Michael Welsh | Newry AC | MV55 | 01:00:56 | +00:19:58 |
| 82nd | Sharon Ramsden | Jog Lisburn | FV45 | 01:01:04 | +00:20:06 |
| 83rd | Stephen Murdock | Mourne Runners | MV65 | 01:01:07 | +00:20:09 |
| 84th | Una Megoran | Unattached | FV45 | 01:01:31 | +00:20:33 |
| 85th | Gary Longridge | BARF | MV45 | 01:01:35 | +00:20:37 |
| 86th | Fiona Simms | BARF | F | 01:01:38 | +00:20:40 |
| 87th | Debbie Mingout | Ballydrain Harriers | FV45 | 01:01:45 | +00:20:47 |
| 88th | Andrew Mc Gibbon | BARF | MV55 | 01:02:21 | +00:21:23 |
| 89th | Brian Welch | Unattached | MV55 | 01:02:32 | +00:21:34 |
| 90th | Leslie Mulholland | Dromore AC | MV60 | 01:02:34 | +00:21:36 |
| 91st | Steven Morgan | BARF | MV50 | 01:03:53 | +00:22:55 |
| 92nd | Paddy Mallon | BARF | MV60 | 01:03:54 | +00:22:56 |
| 93rd | Susan Linklater | Shetland AAC | FV65 | 01:03:57 | +00:22:59 |
| 94th | Adrian Mullan | DTC | MV50 | 01:04:33 | +00:23:35 |
| 95th | Joanne McCauley | Portadown Running Club | FV45 | 01:04:34 | +00:23:36 |
| 96th | Frank Rea | North Down AC | MV65 | 01:04:38 | +00:23:40 |
| 97th | Vicki Truesdale | Down Triathlon Club | F | 01:04:41 | +00:23:43 |
| 98th | Pamela Bailey | Unattached | FV45 | 01:04:57 | +00:23:59 |
| 99th | Hugh Suffern | Dromore AC | MV65 | 01:05:12 | +00:24:14 |
| 100th | Patricia Shields | Murlough AC | FV60 | 01:05:20 | +00:24:22 |

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| Pos | Name | Club | Cat | Time | Behind |
|---|---|---|---|---|---|
| 101st | Hazel McLaughlin | Lagan Valley AC | MV45 | 01:05:23 | +00:24:25 |
| 102nd | Sinead McMullan | Crossfit | FV40 | 01:05:30 | +00:24:32 |
| 103rd | Angela Kerr | Newcastle AC | FV45 | 01:05:52 | +00:24:54 |
| 104th | Conor Farnan | Physio & Co | MV55 | 01:06:43 | +00:25:45 |
| 105th= | Ruth Hollywood | Jog Lisburn | FV35 | 01:06:58 | +00:26:00 |
| 105th= | Simon Wilson | Jog Lisburn | MV45 | 01:06:58 | +00:26:00 |
| 107th | Laura Devlin | Crossfit | FV40 | 01:07:03 | +00:26:05 |
| 108th | Matt Jess | Jog Moira | MV45 | 01:07:29 | +00:26:31 |
| 109th | Diarmaid Mac Auley | Newry Tri Club | MV60 | 01:07:47 | +00:26:49 |
| 110th | Stephen Dunlop | Jog Lisburn | MV65 | 01:08:21 | +00:27:23 |
| 111th | Colin Ramsden | Jog Lisburn | MV55 | 01:08:36 | +00:27:38 |
| 112th | John McConnell | Jog Lisburn | MV50 | 01:09:00 | +00:28:02 |
| 113th | Janice Reid | Dromore AC | FV60 | 01:10:06 | +00:29:08 |
| 114th | Joy McMinn | Unattached | FV40 | 01:10:08 | +00:29:10 |
| 115th | Ian Dyer | Jog Lisburn | MV50 | 01:10:12 | +00:29:14 |
| 116th | Willy Hoey | Dark Peak | MV55 | 01:10:13 | +00:29:15 |
| 117th | Carolyn Crawford | Springwell RC | FV40 | 01:10:31 | +00:29:33 |
| 118th | Michael Morrow | Dromore AC | MV65 | 01:10:53 | +00:29:55 |
| 119th | Orla McElroy | NIMRA | FV55 | 01:11:09 | +00:30:11 |
| 120th | Sarah Steer | Orangegrove AC | FV35 | 01:11:38 | +00:30:40 |
| 121st | Victoria Ward | BARF | F | 01:11:40 | +00:30:42 |
| 122nd | Kim McCourt | North Down AC | FV40 | 01:12:47 | +00:31:49 |
| 123rd | Philip Ward | Unattached | MV45 | 01:12:48 | +00:31:50 |
| 124th | Dave Fulcher | Murlough AC | MV65 | 01:12:54 | +00:31:56 |
| 125th= | Chloe Reed | East Antrim Harriers | F | 01:13:34 | +00:32:36 |
| 125th= | Billy Reed | East Antrim Harriers | MV55 | 01:13:34 | +00:32:36 |
| 127th | Michael Young | Unattached | M | 01:13:35 | +00:32:37 |
| 128th | Joe McMahon | Murlough AC | MV65 | 01:14:00 | +00:33:02 |
| 129th | Emma Donnelly | Ballymena Runners | FV45 | 01:14:15 | +00:33:17 |
| 130th | Naomi Montgomery | Coastal Runners | FV40 | 01:14:16 | +00:33:18 |
| 131st | Tim Hunniford | Portadown RC | MV45 | 01:15:24 | +00:34:26 |
| 132nd | Wendy Fleming | Dromore AC | FV45 | 01:15:37 | +00:34:39 |
| 133rd | Tracy McCaughey | Murlough AC | FV55 | 01:16:44 | +00:35:46 |
| 134th | Judith Robinson | Murlough AC | FV55 | 01:17:48 | +00:36:50 |
| 135th | David Hollywood | Jog Lisburn | MV40 | 01:22:14 | +00:41:16 |
| 136th | Denise O'Hagan | Unattached | FV50 | 01:24:21 | +00:43:23 |
| 137th | Pauline O'Hara | BARF | FV60 | 01:24:23 | +00:43:25 |
| 138th | Julie Collins | Jog Lisburn | FV45 | 01:24:43 | +00:43:45 |
| 139th | Allison Steenson | Jog Lisburn | FV40 | 01:24:46 | +00:43:48 |
| 140th | Ann McAlarney | Murlough AC | FV60 | 01:33:06 | +00:52:08 |
| 141st | Anne Boyle | Unattached | F | 01:34:02 | +00:53:04 |
| 142nd | Lyndsey Kelly | Armagh AC | FU20 | 01:43:03 | +01:02:05 |
| 143rd | Gareth Kelly | Armagh AC | MV45 | 01:43:04 | +01:02:06 |