

Seven Sevens Race 2024

August 03, 2024

RESULTS - PROVISIONAL

MU23 - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|------------------|---------------------------|------|----------|-----------|
| 1st | 459 | Ashley Crutchley | Newcastle and District AC | MU23 | 03:58:37 | |
| 2nd | 438 | Peter Reed | East Antrim Harriers | MU23 | 06:28:53 | +02:30:16 |

M Open - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|------|-----|----------------------|-----------------------------|------|----------|-----------|
| 1st | 410 | Luke Taylor | Highland Hill Runners | M | 03:47:17 | |
| 2nd | 411 | Adam Cunningham | Mourne Runners | M | 03:48:00 | +00:00:43 |
| 3rd | 459 | Ashley Crutchley | Newcastle and District AC | MU23 | 03:58:37 | +00:11:20 |
| 4th | 463 | Keith Johnston | Armagh AC | M | 04:14:18 | +00:27:01 |
| 5th | 445 | Ryan Stewart | Unattached | M | 04:32:05 | +00:44:48 |
| 6th | 418 | Jack Proctor | BARF | M | 04:33:28 | +00:46:11 |
| 7th | 427 | Evan Bowers | BARF | M | 04:37:55 | +00:50:38 |
| 8th | 405 | Ronan Davison-Kernan | BARF | M | 04:53:25 | +01:06:08 |
| 9th | 450 | Richard Hanna | Mourne Runners | M | 04:55:43 | +01:08:26 |
| 10th | 444 | Robert Jankowski | Unattached | MV45 | 05:01:41 | +01:14:24 |
| 11th | 424 | Con Halpin | Unattached | M | 05:01:50 | +01:14:33 |
| 12th | 431 | William Imrie | BARF | M | 05:04:57 | +01:17:40 |
| 13th | 421 | Niall Gibney | East Down AC | MV45 | 05:11:05 | +01:23:48 |
| 14th | 433 | Paul Rooney | Unattached | MV40 | 05:12:53 | +01:25:36 |
| 15th | 409 | Ryan Carson | Newcastle and District AC | MV40 | 05:18:30 | +01:31:13 |
| 16th | 457 | Samuel Conway | Unattached | M | 05:20:52 | +01:33:35 |
| 17th | 406 | David McKeague | North Down AC | MV45 | 05:25:10 | +01:37:53 |
| 18th | 422 | Brian Kavanagh | Unattached | M | 05:32:15 | +01:44:58 |
| 19th | 462 | Peter McEvoy | Mourne Runners | M | 05:32:16 | +01:44:59 |
| 20th | 432 | Alan Elwood | Dromore AC | MV50 | 05:33:34 | +01:46:17 |
| 21st | 443 | Simon Reeve | North Belfast Harriers | MV45 | 05:36:50 | +01:49:33 |
| 22nd | 420 | Declan McGrellis | BARF | MV50 | 05:39:34 | +01:52:17 |
| 23rd | 428 | Craig McCauley | Mourne Runners | MV50 | 05:46:30 | +01:59:13 |
| 24th | 434 | Sebastian Wisniewski | Unattached | MV45 | 05:51:13 | +02:03:56 |
| 25th | 447 | Mark Stringer | BARF | M | 05:52:43 | +02:05:26 |
| 26th | 461 | Shirhaan Hameed | Springwell Running Club | MV45 | 05:57:00 | +02:09:43 |
| 27th | 401 | Zachary Askham | BARF | M | 06:05:30 | +02:18:13 |
| 28th | 408 | Ryan Nicholls | Unattached | M | 06:07:40 | +02:20:23 |
| 29th | 413 | Matthew Parke | Unattached | M | 06:10:16 | +02:22:59 |
| 30th | 402 | Michal Bartusiak | Polish Runners Club Ireland | MV40 | 06:15:10 | +02:27:53 |
| 31st | 429 | Paul Moore | BARF | MV45 | 06:28:52 | +02:41:35 |
| 32nd | 438 | Peter Reed | East Antrim Harriers | MU23 | 06:28:53 | +02:41:36 |
| 33rd | 414 | Marcus Wiseman | Unattached | M | 06:33:50 | +02:46:33 |
| 34th | 416 | Duncan Millar | Ballymena Runners | MV50 | 06:37:29 | +02:50:12 |
| 35th | 417 | James McLornan | Ballymena Runners | MV45 | 06:39:16 | +02:51:59 |
| 36th | 455 | Ronald Peacock | Unattached | MV45 | 06:40:33 | +02:53:16 |
| 37th | 458 | Alan Richardson | Unattached | MV45 | 06:43:00 | +02:55:43 |
| 38th | 439 | Noel Carr | Newry AC | MV45 | 06:44:41 | +02:57:24 |
| 39th | 460 | Neil Kennedy | Unattached | MV40 | 06:46:12 | +02:58:55 |

Seven Sevens Race 2024

August 03, 2024

RESULTS - PROVISIONAL

M Open - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|------|-----|------------------|---------------------------|------|----------|-----------|
| 40th | 436 | Tomasz Marszalik | Wicklow Sricklow | MV45 | 06:48:53 | +03:01:36 |
| 41st | 454 | Pearse Brogan | Newcastle and District AC | M | 06:50:25 | +03:03:08 |
| 42nd | 448 | Chris Gilroy | Unattached | M | 06:59:08 | +03:11:51 |
| 43rd | 440 | Matthew Tindal | Unattached | MV50 | 06:59:25 | +03:12:08 |
| 44th | 449 | Aaron Gracey | BARF | M | 07:03:22 | +03:16:05 |
| 45th | 437 | Kevin Murdock | Team Purple | MV55 | 07:04:48 | +03:17:31 |
| 46th | 419 | Trevor Wilson | BARF | MV60 | 07:07:39 | +03:20:22 |
| 47th | 423 | Richard Gamble | Ballymena Runners | MV50 | 07:09:36 | +03:22:19 |
| 48th | 403 | Jonathan Irvine | Mourne Runners | M | 07:18:30 | +03:31:13 |
| 49th | 407 | Dylan Skinner | Unattached | M | 07:32:49 | +03:45:32 |
| 50th | 446 | Charles Burns | Newry AC | MV50 | 07:47:54 | +04:00:37 |
| 51st | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | +04:31:19 |
| | 426 | Wilson McAlister | Jog Moira | MV60 | m7-9 | |

MV40+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|------|-----|----------------------|-----------------------------|------|----------|-----------|
| 1st | 444 | Robert Jankowski | Unattached | MV45 | 05:01:41 | |
| 2nd | 421 | Niall Gibney | East Down AC | MV45 | 05:11:05 | +00:09:24 |
| 3rd | 433 | Paul Rooney | Unattached | MV40 | 05:12:53 | +00:11:12 |
| 4th | 409 | Ryan Carson | Newcastle and District AC | MV40 | 05:18:30 | +00:16:49 |
| 5th | 406 | David McKeague | North Down AC | MV45 | 05:25:10 | +00:23:29 |
| 6th | 432 | Alan Elwood | Dromore AC | MV50 | 05:33:34 | +00:31:53 |
| 7th | 443 | Simon Reeve | North Belfast Harriers | MV45 | 05:36:50 | +00:35:09 |
| 8th | 420 | Declan McGrellis | BARF | MV50 | 05:39:34 | +00:37:53 |
| 9th | 428 | Craig McCauley | Mourne Runners | MV50 | 05:46:30 | +00:44:49 |
| 10th | 434 | Sebastian Wisniewski | Unattached | MV45 | 05:51:13 | +00:49:32 |
| 11th | 461 | Shirhaan Hameed | Springwell Running Club | MV45 | 05:57:00 | +00:55:19 |
| 12th | 402 | Michal Bartusiak | Polish Runners Club Ireland | MV40 | 06:15:10 | +01:13:29 |
| 13th | 429 | Paul Moore | BARF | MV45 | 06:28:52 | +01:27:11 |
| 14th | 416 | Duncan Millar | Ballymena Runners | MV50 | 06:37:29 | +01:35:48 |
| 15th | 417 | James McLornan | Ballymena Runners | MV45 | 06:39:16 | +01:37:35 |
| 16th | 455 | Ronald Peacock | Unattached | MV45 | 06:40:33 | +01:38:52 |
| 17th | 458 | Alan Richardson | Unattached | MV45 | 06:43:00 | +01:41:19 |
| 18th | 439 | Noel Carr | Newry AC | MV45 | 06:44:41 | +01:43:00 |
| 19th | 460 | Neil Kennedy | Unattached | MV40 | 06:46:12 | +01:44:31 |
| 20th | 436 | Tomasz Marszalik | Wicklow Sricklow | MV45 | 06:48:53 | +01:47:12 |
| 21st | 440 | Matthew Tindal | Unattached | MV50 | 06:59:25 | +01:57:44 |
| 22nd | 437 | Kevin Murdock | Team Purple | MV55 | 07:04:48 | +02:03:07 |
| 23rd | 419 | Trevor Wilson | BARF | MV60 | 07:07:39 | +02:05:58 |
| 24th | 423 | Richard Gamble | Ballymena Runners | MV50 | 07:09:36 | +02:07:55 |
| 25th | 446 | Charles Burns | Newry AC | MV50 | 07:47:54 | +02:46:13 |
| 26th | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | +03:16:55 |
| | 426 | Wilson McAlister | Jog Moira | MV60 | m7-9 | |

Seven Sevens Race 2024

August 03, 2024

RESULTS - PROVISIONAL

MV45+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|------|-----|----------------------|-------------------------|------|----------|-----------|
| 1st | 444 | Robert Jankowski | Unattached | MV45 | 05:01:41 | |
| 2nd | 421 | Niall Gibney | East Down AC | MV45 | 05:11:05 | +00:09:24 |
| 3rd | 406 | David McKeague | North Down AC | MV45 | 05:25:10 | +00:23:29 |
| 4th | 432 | Alan Elwood | Dromore AC | MV50 | 05:33:34 | +00:31:53 |
| 5th | 443 | Simon Reeve | North Belfast Harriers | MV45 | 05:36:50 | +00:35:09 |
| 6th | 420 | Declan McGrellis | BARF | MV50 | 05:39:34 | +00:37:53 |
| 7th | 428 | Craig McCauley | Mourne Runners | MV50 | 05:46:30 | +00:44:49 |
| 8th | 434 | Sebastian Wisniewski | Unattached | MV45 | 05:51:13 | +00:49:32 |
| 9th | 461 | Shirhaan Hameed | Springwell Running Club | MV45 | 05:57:00 | +00:55:19 |
| 10th | 429 | Paul Moore | BARF | MV45 | 06:28:52 | +01:27:11 |
| 11th | 416 | Duncan Millar | Ballymena Runners | MV50 | 06:37:29 | +01:35:48 |
| 12th | 417 | James McLornan | Ballymena Runners | MV45 | 06:39:16 | +01:37:35 |
| 13th | 455 | Ronald Peacock | Unattached | MV45 | 06:40:33 | +01:38:52 |
| 14th | 458 | Alan Richardson | Unattached | MV45 | 06:43:00 | +01:41:19 |
| 15th | 439 | Noel Carr | Newry AC | MV45 | 06:44:41 | +01:43:00 |
| 16th | 436 | Tomasz Marszalik | Wicklow Srickslow | MV45 | 06:48:53 | +01:47:12 |
| 17th | 440 | Matthew Tindal | Unattached | MV50 | 06:59:25 | +01:57:44 |
| 18th | 437 | Kevin Murdock | Team Purple | MV55 | 07:04:48 | +02:03:07 |
| 19th | 419 | Trevor Wilson | BARF | MV60 | 07:07:39 | +02:05:58 |
| 20th | 423 | Richard Gamble | Ballymena Runners | MV50 | 07:09:36 | +02:07:55 |
| 21st | 446 | Charles Burns | Newry AC | MV50 | 07:47:54 | +02:46:13 |
| 22nd | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | +03:16:55 |
| | 426 | Wilson McAlister | Jog Moira | MV60 | m7-9 | |

MV50+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|------|-----|------------------|-------------------|------|----------|-----------|
| 1st | 432 | Alan Elwood | Dromore AC | MV50 | 05:33:34 | |
| 2nd | 420 | Declan McGrellis | BARF | MV50 | 05:39:34 | +00:06:00 |
| 3rd | 428 | Craig McCauley | Mourne Runners | MV50 | 05:46:30 | +00:12:56 |
| 4th | 416 | Duncan Millar | Ballymena Runners | MV50 | 06:37:29 | +01:03:55 |
| 5th | 440 | Matthew Tindal | Unattached | MV50 | 06:59:25 | +01:25:51 |
| 6th | 437 | Kevin Murdock | Team Purple | MV55 | 07:04:48 | +01:31:14 |
| 7th | 419 | Trevor Wilson | BARF | MV60 | 07:07:39 | +01:34:05 |
| 8th | 423 | Richard Gamble | Ballymena Runners | MV50 | 07:09:36 | +01:36:02 |
| 9th | 446 | Charles Burns | Newry AC | MV50 | 07:47:54 | +02:14:20 |
| 10th | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | +02:45:02 |
| | 426 | Wilson McAlister | Jog Moira | MV60 | m7-9 | |

MV55+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|------------------|-------------|------|----------|-----------|
| 1st | 437 | Kevin Murdock | Team Purple | MV55 | 07:04:48 | |
| 2nd | 419 | Trevor Wilson | BARF | MV60 | 07:07:39 | +00:02:51 |
| 3rd | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | +01:13:48 |
| | 426 | Wilson McAlister | Jog Moira | MV60 | m7-9 | |

Seven Sevens Race 2024

August 03, 2024

RESULTS - PROVISIONAL

MV60+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|------------------|------------|------|----------|-----------|
| 1st | 419 | Trevor Wilson | BARF | MV60 | 07:07:39 | |
| 2nd | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | +01:10:57 |
| | 426 | Wilson McAlister | Jog Moira | MV60 | m7-9 | |

MV65 - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|------------------|------------|------|----------|--------|
| 1st | 415 | Richard Worledge | Unattached | MV65 | 08:18:36 | |

F Open - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|-------------------|-------------------------|------|----------|-----------|
| 1st | 451 | Bernadette Quinn | Springwell Running Club | F | 05:57:00 | |
| 2nd | 442 | Shirley Farnan | BARF | FV55 | 06:16:38 | +00:19:38 |
| 3rd | 425 | Nicola McIntyre | Jog Moira | FV50 | 06:33:04 | +00:36:04 |
| 4th | 430 | Samantha Edgar | Mourne Runners | F | 07:18:32 | +01:21:32 |
| 5th | 404 | Vicky Ward | BARF | F | 07:23:44 | +01:26:44 |
| 6th | 412 | Sharon Dickenson | Mourne Runners | FV45 | 08:19:07 | +02:22:07 |
| | 453 | Carolyn Crawford | Springwell Running Club | FV40 | m7-9 | |
| | 435 | Karolina Bernacka | UltraWay | FV40 | m3 rtd | |
| | 452 | Adele Tomb | Springwell Running Club | FV50 | m7-9 | |

FV40+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|-------------------|-------------------------|------|----------|-----------|
| 1st | 442 | Shirley Farnan | BARF | FV55 | 06:16:38 | |
| 2nd | 425 | Nicola McIntyre | Jog Moira | FV50 | 06:33:04 | +00:16:26 |
| 3rd | 412 | Sharon Dickenson | Mourne Runners | FV45 | 08:19:07 | +02:02:29 |
| | 453 | Carolyn Crawford | Springwell Running Club | FV40 | m7-9 | |
| | 435 | Karolina Bernacka | UltraWay | FV40 | m3 rtd | |
| | 452 | Adele Tomb | Springwell Running Club | FV50 | m7-9 | |

FV45+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|------------------|-------------------------|------|----------|-----------|
| 1st | 442 | Shirley Farnan | BARF | FV55 | 06:16:38 | |
| 2nd | 425 | Nicola McIntyre | Jog Moira | FV50 | 06:33:04 | +00:16:26 |
| 3rd | 412 | Sharon Dickenson | Mourne Runners | FV45 | 08:19:07 | +02:02:29 |
| | 452 | Adele Tomb | Springwell Running Club | FV50 | m7-9 | |

FV50+ - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time | Behind |
|-----|-----|-----------------|-------------------------|------|----------|-----------|
| 1st | 442 | Shirley Farnan | BARF | FV55 | 06:16:38 | |
| 2nd | 425 | Nicola McIntyre | Jog Moira | FV50 | 06:33:04 | +00:16:26 |
| | 452 | Adele Tomb | Springwell Running Club | FV50 | m7-9 | |

Seven Sevens Race 2024

August 03, 2024

RESULTS - PROVISIONAL

FV55 - 30.5km 2600m

| Pos | No. | Name | Club | Cat | Time Behind |
|-----|-----|----------------|------|------|-------------|
| 1st | 442 | Shirley Farnan | BARF | FV55 | 06:16:38 |