

Two Towers 2024

August 24, 2024

RESULTS

MSEN

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Tom Crudgington	Newcastle and District AC	MSEN	C	01:13:59	
2nd	Keith Johnston	Armagh AC	MSEN	C	01:17:32	+00:03:33
3rd	Adam Cunningham	Mourne Runners	MSEN	C	01:17:58	+00:03:59
4th	Ryan Stewart		MSEN	C	01:18:00	+00:04:01
5th	Jack Proctor	BARF	MSEN	C	01:31:36	+00:17:37
6th	Evan Bowers	BARF	MSEN	C	01:33:55	+00:19:56
7th	Con Halpin		MSEN		01:34:28	+00:20:29
8th	William Shields		MSEN		01:34:32	+00:20:33
9th	Ronan Davison-Kernan	BARF	MSEN	C	01:34:37	+00:20:38
10th	Peter Tees	Springwell Running Club	MSEN	C	01:35:12	+00:21:13
11th	Peter McEvoy	Mourne Runners	MSEN	C	01:37:30	+00:23:31
12th	William Imrie	BARF	MSEN	C	01:38:09	+00:24:10
13th	Mike Jordan	IMRA	MSEN	C	01:38:17	+00:24:18
14th	Pearse Brogan	Newcastle and District AC	MSEN	C	01:45:54	+00:31:55
15th	Zachary Askham	BARF	MSEN	C	01:49:04	+00:35:05
16th	Adam Truesdale		MSEN		01:49:28	+00:35:29
17th	Richard Graham		MSEN		02:04:37	+00:50:38
18th	Jonathan Irvine	Mourne Runners	MSEN		02:05:35	+00:51:36
19th	Matt McKinley		MSEN		02:06:07	+00:52:08

MV40

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Jonny Steede	Glens Runners	MV40	C	01:21:44	
2nd	Sam Herron	Mourne Runners	MV40	C	01:35:10	+00:13:26
3rd	Lorcan Valley	Armagh AC	MV40	C	01:37:50	+00:16:06
4th	Gareth Hardy	North Down AC	MV40		01:42:43	+00:20:59
5th	James Hunter	Jog Moira	MV40		01:45:15	+00:23:31
6th	Kevin O Riordan	IMRA	MV40		02:01:51	+00:40:07
7th	Michael Donnelly		MV40		02:12:05	+00:50:21
8th	Philip Weston		MV40		02:17:06	+00:55:22

MV45

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	John Marrs	Glens Runners	MV45	C	01:26:34	
2nd	Glynn Johnston	BARF	MV45	C	01:28:56	+00:02:22
3rd	Dominic McLarnon	Glens Runners	MV45	C	01:35:40	+00:09:06
4th	David McKeague	North Down AC	MV45	C	01:37:20	+00:10:46
5th	Gareth Kelly	Armagh AC	MV45	C	01:41:16	+00:14:42
6th	Owen Boden	Mourne Runners	MV45	C	01:48:05	+00:21:31
7th	Aaron Montgomery	Newry AC	MV45		02:02:18	+00:35:44
	Seamus White	Newcastle and District AC	MV45		m2-3	

MV50

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Paul Mcanespie	Armagh AC	MV50	C	01:27:22	
2nd	Declan McGrellis	BARF	MV50	C	01:38:49	+00:11:27
3rd	Laurence Dorman	Mourne Runners	MV50		01:39:21	+00:11:59
4th	Alan Elwood	Dromore AC	MV50		01:43:17	+00:15:55
5th	Duncan Millar	Ballymena Runners	MV50	C	01:50:48	+00:23:26
6th	Paddy Ritchie	Ballydrain Harriers	MV50		02:04:10	+00:36:48
7th	Robbie Moore		MV50		02:07:31	+00:40:09
8th	Colin Masson		MV50	C	02:08:55	+00:41:33
9th	Steven McIntyre	Jog Moira	MV50	C	02:20:03	+00:52:41
10th	Johnny McKinley	Dromore AC	MV50	C	02:23:52	+00:56:30

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MV55

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Pete Grant	Newcastle and District AC	MV55	C	01:37:07	
2nd	Billy Reed	East Antrim Harriers	MV55	C	01:40:20	+00:03:13
3rd	Clive Coffey		MV55	C	01:47:21	+00:10:14
4th	Graham Hill	Ballydrain Harriers	MV55	C	01:48:08	+00:11:01
5th	Francis Nugent	Blayney Rockets	MV55	C	01:52:54	+00:15:47
6th	Peter Moore		MV55		02:08:42	+00:31:35
7th	Conor Farnan	BARF	MV55	C	02:13:37	+00:36:30
8th	Donal McCarron	St Peters	MV55		02:18:18	+00:41:11
9th	John Crawley		MV55	C	02:24:27	+00:47:20
10th	Clarke Campbell	BARF	MV55		02:27:46	+00:50:39

MV60

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Dale Mathers	Mourne Runners	MV60	C	01:38:03	
2nd	Andrew Topping	East Coast AC	MV60	C	01:46:50	+00:08:47
3rd	Wilson McAlister	Jog Moira	MV60	C	01:54:40	+00:16:37
4th	Trevor Wilson	BARF	MV60	C	02:08:00	+00:29:57
5th	Brendan Grew		MV60		02:38:26	+01:00:23

MV65

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Stephen Murdock	Mourne Runners	MV65		02:04:42	

MV70

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Ian Taylor	BARF	MV70	C	03:22:30	

FSEN

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Martsje Hell	North Belfast Harriers	FSEN	C	01:37:57	
2nd	Alexa James	Carmen Runners	FSEN	C	01:50:01	+00:12:04
3rd	Grace Kalinowski	Newcastle and District AC	FSEN		01:56:01	+00:18:04
4th	Samantha Edgar	Mourne Runners	FSEN		02:12:46	+00:34:49
5th	Sarah Milligan	Springwell Running Club	FSEN		02:27:50	+00:49:53

FV40

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Tanya Cumming	Newcastle AC	FV40	C	01:46:45	
2nd	Joanna Wheeler Connon		FV40	C	01:59:57	+00:13:12
3rd	Carolyn Crawford	Springwell Running Club	FV40	C	02:07:37	+00:20:52
4th	Naomi Montgomery	Coastal Runners	FV40	C	02:56:08	+01:09:23

FV45

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Catherine Mcintosh	Newcastle and District AC	FV45	C	01:59:05	
2nd	Ciara Ryan		FV45	C	02:02:09	+00:03:04
3rd	Debbie Mingout	Ballydrain Harriers	FV45	C	02:08:34	+00:09:29
4th	Ruth Aiken	Ballymena Runners	FV45	C	02:12:41	+00:13:36
5th	Hazel McLaughlin	Lagan Valley AC	FV45	C	02:17:31	+00:18:26
6th	Emma Donnelly	St Peters	FV45		02:24:33	+00:25:28
7th	Aisling Crawley	Louth Trail and Ultra Runners	FV45		02:44:59	+00:45:54

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FV45

Pos	Name	Club	Cat	NIMRA	Time	Behind
8th	Laura McCloskey		FV45		02:45:47	+00:46:42
9th	Sharon Dickenson	Mourne Runners	FV45	C	02:45:59	+00:46:54
10th	Emma Donnelly	Ballymena Runners	FV45	C	02:56:11	+00:57:06

FV50

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Karen Wilton	Jog Lisburn Running Club	FV50		01:42:20	
2nd	Nicola McIntyre	Jog Moira	FV50	C	01:54:44	+00:12:24
3rd	Katherine Moore	Jog Moira	FV50		02:18:02	+00:35:42

FV55

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Shirley Farnan	BARF	FV55	C	01:59:53	