

# Two Towers 2024

August 24, 2024

## RESULTS

Pos	Name	Club	Cat	NIMRA	Time	Behind
1st	Tom Crudginton	Newcastle and District AC	MSEN	C	01:13:59	
2nd	Keith Johnston	Armagh AC	MSEN	C	01:17:32	+00:03:33
3rd	Adam Cunningham	Mourne Runners	MSEN	C	01:17:58	+00:03:59
4th	Ryan Stewart		MSEN	C	01:18:00	+00:04:01
5th	Jonny Steede	Glens Runners	MV40	C	01:21:44	+00:07:45
6th	John Marrs	Glens Runners	MV45	C	01:26:34	+00:12:35
7th	Paul Mcanespie	Armagh AC	MV50	C	01:27:22	+00:13:23
8th	Glynn Johnston	BARF	MV45	C	01:28:56	+00:14:57
9th	Jack Proctor	BARF	MSEN	C	01:31:36	+00:17:37
10th	Evan Bowers	BARF	MSEN	C	01:33:55	+00:19:56
11th	Con Halpin		MSEN		01:34:28	+00:20:29
12th	William Shields		MSEN		01:34:32	+00:20:33
13th	Ronan Davison-Kernan	BARF	MSEN	C	01:34:37	+00:20:38
14th	Sam Herron	Mourne Runners	MV40	C	01:35:10	+00:21:11
15th	Peter Tees	Springwell Running Club	MSEN	C	01:35:12	+00:21:13
16th	Dominic McLarnon	Glens Runners	MV45	C	01:35:40	+00:21:41
17th	Pete Grant	Newcastle and District AC	MV55	C	01:37:07	+00:23:08
18th	David McKeague	North Down AC	MV45	C	01:37:20	+00:23:21
19th	Peter McEvoy	Mourne Runners	MSEN	C	01:37:30	+00:23:31
20th	Lorcan Vallely	Armagh AC	MV40	C	01:37:50	+00:23:51
21st	Martsje Hell	North Belfast Harriers	FSEN	C	01:37:57	+00:23:58
22nd	Dale Mathers	Mourne Runners	MV60	C	01:38:03	+00:24:04
23rd	William Imrie	BARF	MSEN	C	01:38:09	+00:24:10
24th	Mike Jordan	IMRA	MSEN	C	01:38:17	+00:24:18
25th	Declan McGrellis	BARF	MV50	C	01:38:49	+00:24:50
26th	Laurence Dorman	Mourne Runners	MV50		01:39:21	+00:25:22
27th	Billy Reed	East Antrim Harriers	MV55	C	01:40:20	+00:26:21
28th	Gareth Kelly	Armagh AC	MV45	C	01:41:16	+00:27:17
29th	Karen Wilton	Jog Lisburn Running Club	FV50		01:42:20	+00:28:21
30th	Gareth Hardy	North Down AC	MV40		01:42:43	+00:28:44
31st	Alan Elwood	Dromore AC	MV50		01:43:17	+00:29:18
32nd	James Hunter	Jog Moira	MV40		01:45:15	+00:31:16
33rd	Pearse Brogan	Newcastle and District AC	MSEN	C	01:45:54	+00:31:55
34th	Tanya Cumming	Newcastle AC	FV40	C	01:46:45	+00:32:46
35th	Andrew Topping	East Coast AC	MV60	C	01:46:50	+00:32:51
36th	Clive Coffey		MV55	C	01:47:21	+00:33:22
37th	Owen Boden	Mourne Runners	MV45	C	01:48:05	+00:34:06
38th	Graham Hill	Ballydrain Harriers	MV55	C	01:48:08	+00:34:09
39th	Zachary Askham	BARF	MSEN	C	01:49:04	+00:35:05
40th	Adam Truesdale		MSEN		01:49:28	+00:35:29
41st	Alexa James	Carmen Runners	FSEN	C	01:50:01	+00:36:02
42nd	Duncan Millar	Ballymena Runners	MV50	C	01:50:48	+00:36:49
43rd	Francis Nugent	Blayney Rockets	MV55	C	01:52:54	+00:38:55
44th	Wilson McAlister	Jog Moira	MV60	C	01:54:40	+00:40:41
45th	Nicola McIntyre	Jog Moira	FV50	C	01:54:44	+00:40:45
46th	Grace Kalinowski	Newcastle and District AC	FSEN		01:56:01	+00:42:02
47th	Catherine Mcintosh	Newcastle and District AC	FV45	C	01:59:05	+00:45:06
48th	Shirley Farnan	BARF	FV55	C	01:59:53	+00:45:54
49th	Joanna Wheeler Connon		FV40	C	01:59:57	+00:45:58
50th	Kevin O Riordan	IMRA	MV40		02:01:51	+00:47:52
51st	Ciara Ryan		FV45	C	02:02:09	+00:48:10
52nd	Aaron Montgomery	Newry AC	MV45		02:02:18	+00:48:19
53rd	Paddy Ritchie	Ballydrain Harriers	MV50		02:04:10	+00:50:11
54th	Richard Graham		MSEN		02:04:37	+00:50:38
55th	Stephen Murdock	Mourne Runners	MV65		02:04:42	+00:50:43
56th	Jonathan Irvine	Mourne Runners	MSEN		02:05:35	+00:51:36
57th	Matt McKinley		MSEN		02:06:07	+00:52:08
58th	Robbie Moore		MV50		02:07:31	+00:53:32
59th	Carolyn Crawford	Springwell Running Club	FV40	C	02:07:37	+00:53:38
60th	Trevor Wilson	BARF	MV60	C	02:08:00	+00:54:01

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Pos	Name	Club	Cat	NIMRA	Time	Behind
61st	Debbie Mingout	Ballydrain Harriers	FV45	C	<b>02:08:34</b>	+00:54:35
62nd	Peter Moore		MV55		<b>02:08:42</b>	+00:54:43
63rd	Colin Masson		MV50	C	<b>02:08:55</b>	+00:54:56
64th	Michael Donnelly		MV40		<b>02:12:05</b>	+00:58:06
65th	Ruth Aiken	Ballymena Runners	FV45	C	<b>02:12:41</b>	+00:58:42
66th	Samantha Edgar	Mourne Runners	FSEN		<b>02:12:46</b>	+00:58:47
67th	Conor Farnan	BARF	MV55	C	<b>02:13:37</b>	+00:59:38
68th	Philip Weston		MV40		<b>02:17:06</b>	+01:03:07
69th	Hazel McLaughlin	Lagan Valley AC	FV45	C	<b>02:17:31</b>	+01:03:32
70th	Katherine Moore	Jog Moira	FV50		<b>02:18:02</b>	+01:04:03
71st	Donal McCarron	St Peters	MV55		<b>02:18:18</b>	+01:04:19
72nd	Steven McIntyre	Jog Moira	MV50	C	<b>02:20:03</b>	+01:06:04
73rd	Johnny McKinley	Dromore AC	MV50	C	<b>02:23:52</b>	+01:09:53
74th	John Crawley		MV55	C	<b>02:24:27</b>	+01:10:28
75th	Emma Donnelly	St Peters	FV45		<b>02:24:33</b>	+01:10:34
76th	Clarke Campbell	BARF	MV55		<b>02:27:46</b>	+01:13:47
77th	Sarah Milligan	Springwell Running Club	FSEN		<b>02:27:50</b>	+01:13:51
78th	Brendan Grew		MV60		<b>02:38:26</b>	+01:24:27
79th	Aisling Crawley	Louth Trail and Ultra Runners	FV45		<b>02:44:59</b>	+01:31:00
80th	Laura McCloskey		FV45		<b>02:45:47</b>	+01:31:48
81st	Sharon Dickenson	Mourne Runners	FV45	C	<b>02:45:59</b>	+01:32:00
82nd	Naomi Montgomery	Coastal Runners	FV40	C	<b>02:56:08</b>	+01:42:09
83rd	Emma Donnelly	Ballymena Runners	FV45	C	<b>02:56:11</b>	+01:42:12
84th	Ian Taylor	BARF	MV70	C	<b>03:22:30</b>	+02:08:31
	Seamus White	Newcastle and District AC	MV45		<b>m2-3</b>	