

Flagstaff to Carlingford 2025

June 15, 2025

RESULTS - PROVISIONAL

M Open - 10.3 miles 3400ft

Pos	Bib Name	Club	Cat	Time	Behind
1st	137 Adam Cunningham	Mourne Runners	M	01:47:23	
2nd	171 Jonny Steede	Glens Runners	MV45	01:48:01	+00:00:38
3rd	173 Lorcan Vallely	Armagh AC	MV45	01:49:08	+00:01:45
4th	172 Ryan Stewart	Unattached	M	01:54:36	+00:07:13
5th	135 Jonathan McCloy	BARF	M	02:03:04	+00:15:41
6th	162 Donal McMorland	Glenmore AC	MV40	02:04:24	+00:17:01
7th	164 James Millar	Mourne Runners	M	02:07:08	+00:19:45
8th	149 John Marrs	Glens Runners	MV45	02:08:17	+00:20:54
9th	144 Sam Herron	Mourne Runners	MV40	02:08:32	+00:21:09
10th	161 Dominic McLarnon	Glens Runners	MV45	02:09:17	+00:21:54
11th	156 Peter McEvoy	Mourne Runners	M	02:12:16	+00:24:53
12th	147 Gareth Kelly	Armagh AC	MV45	02:12:28	+00:25:05
13th	145 Jonny Hobson	Dromore AC	MV45	02:15:12	+00:27:49
14th	141 Ben Flowers	Glens Runners	M	02:17:51	+00:30:28
15th	143 Gareth Hardy	North Down AC	MV45	02:21:12	+00:33:49
16th	158 Declan McGrellis	BARF	MV50	02:21:15	+00:33:52
17th	148 Tim Lowry	Glens Runners	MV50	02:23:57	+00:36:34
18th	132 Pearse Brogan	Newcastle and District AC	M	02:27:52	+00:40:29
19th	165 Ivan Millar	Mourne Runners	MV50	02:28:45	+00:41:22
20th	133 Conan Brown	Glens Runners	M	02:41:18	+00:53:55
21st	142 Aaron Gracey	BARF	M	02:41:25	+00:54:02
22nd	175 Andrew Willis	Jog Lisburn Running Club	MV50	02:43:43	+00:56:20
23rd	146 Matt Jess	Jog Moira	MV45	02:46:50	+00:59:27
24th	136 Stephen Cassidy	Unattached	MV50	02:54:28	+01:07:05
25th	159 Matt McKinley	Unattached	M	02:55:28	+01:08:05
26th	157 Colin McGinty	Omagh Harriers	M	03:02:01	+01:14:38
27th	152 Wilson McAlister	Jog Moira	MV60	03:02:08	+01:14:45
28th	131 David Bell	Mourne Runners	MV65	03:05:55	+01:18:32
29th	166 Edward Murphy	Mourne Runners	MV40	03:05:58	+01:18:35
30th	134 Clarke Campbell	BARF	MV55	03:06:41	+01:19:18
31st	154 Keith McAree	Armagh AC	MV50	03:06:45	+01:19:22
32nd	151 Andrew Mc Gibbon	BARF	MV55	03:20:34	+01:33:11
33rd	160 Johnny McKinley	Dromore AC	MV55	03:38:49	+01:51:26
34th	170 John Sinton	Team Runwell	MV65	03:38:53	+01:51:30

F Open - 10.3 miles 3400ft

Pos	Bib Name	Club	Cat	Time	Behind
1st	155 Naomi McCurry	Glens Runners	FV35	02:34:44	
2nd	153 Sinead-Marie Mcallister	Larne AC	FV35	02:35:01	+00:00:17
3rd	140 Shirley Farnan	BARF	FV55	02:46:06	+00:11:22
4th	174 Joanna Wheeler Connon	Glens Runners	FV40	02:46:23	+00:11:39
5th	163 Aine McNeill	Dromore AC	FV55	03:06:38	+00:31:54
6th	138 Sharon Dickenson	Mourne Runners	FV45	03:38:15	+01:03:31
7th	169 Catriona Shatwell	Team Runwell	FV55	03:38:17	+01:03:33

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RESULTS - PROVISIONAL

MV40 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	162	Donal McMorland	Glenmore AC	MV40	02:04:24	
2nd	144	Sam Herron	Mourne Runners	MV40	02:08:32	+00:04:08
3rd	166	Edward Murphy	Mourne Runners	MV40	03:05:58	+01:01:34

MV45 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	171	Jonny Steede	Glens Runners	MV45	01:48:01	
2nd	173	Lorcan Valley	Armagh AC	MV45	01:49:08	+00:01:07
3rd	149	John Marrs	Glens Runners	MV45	02:08:17	+00:20:16
4th	161	Dominic McLarnon	Glens Runners	MV45	02:09:17	+00:21:16
5th	147	Gareth Kelly	Armagh AC	MV45	02:12:28	+00:24:27
6th	145	Jonny Hobson	Dromore AC	MV45	02:15:12	+00:27:11
7th	143	Gareth Hardy	North Down AC	MV45	02:21:12	+00:33:11
8th	146	Matt Jess	Jog Moira	MV45	02:46:50	+00:58:49

MV50 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	158	Declan McGrellis	BARF	MV50	02:21:15	
2nd	148	Tim Lowry	Glens Runners	MV50	02:23:57	+00:02:42
3rd	165	Ivan Millar	Mourne Runners	MV50	02:28:45	+00:07:30
4th	175	Andrew Willis	Jog Lisburn Running Club	MV50	02:43:43	+00:22:28
5th	136	Stephen Cassidy	Unattached	MV50	02:54:28	+00:33:13
6th	154	Keith McAree	Armagh AC	MV50	03:06:45	+00:45:30

MV55 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	134	Clarke Campbell	BARF	MV55	03:06:41	
2nd	151	Andrew Mc Gibbon	BARF	MV55	03:20:34	+00:13:53
3rd	160	Johnny McKinley	Dromore AC	MV55	03:38:49	+00:32:08

MV60 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	152	Wilson McAlister	Jog Moira	MV60	03:02:08	

MV65 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	131	David Bell	Mourne Runners	MV65	03:05:55	
2nd	170	John Sinton	Team Runwell	MV65	03:38:53	+00:32:58

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RESULTS - PROVISIONAL

FV35 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	155	Naomi McCurry	Glens Runners	FV35	02:34:44	
2nd	153	Sinead-Marie Mcallister	Larne AC	FV35	02:35:01	+00:00:17

FV40 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	174	Joanna Wheeler Connon	Glens Runners	FV40	02:46:23	

FV45 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	138	Sharon Dickenson	Mourne Runners	FV45	03:38:15	

FV55 - 10.3 miles 3400ft

Pos	Bib	Name	Club	Cat	Time	Behind
1st	140	Shirley Farnan	BARF	FV55	02:46:06	
2nd	163	Aine McNeill	Dromore AC	FV55	03:06:38	+00:20:32
3rd	169	Catriona Shatwell	Team Runwell	FV55	03:38:17	+00:52:11