

# Flagstaff to Carlingford 2025

June 15, 2025

## RESULTS - PROVISIONAL

### 10.3 miles 3400ft

Pos	Bib Name	Club	Cat	Time	Behind
1st	137 Adam Cunningham	Mourne Runners	M	<b>01:47:23</b>	
2nd	171 Jonny Steede	Glens Runners	MV45	<b>01:48:01</b>	+00:00:38
3rd	173 Lorcan Vallely	Armagh AC	MV45	<b>01:49:08</b>	+00:01:45
4th	172 Ryan Stewart	Unattached	M	<b>01:54:36</b>	+00:07:13
5th	135 Jonathan McCloy	BARF	M	<b>02:03:04</b>	+00:15:41
6th	162 Donal McMorland	Glenmore AC	MV40	<b>02:04:24</b>	+00:17:01
7th	164 James Millar	Mourne Runners	M	<b>02:07:08</b>	+00:19:45
8th	149 John Marrs	Glens Runners	MV45	<b>02:08:17</b>	+00:20:54
9th	144 Sam Herron	Mourne Runners	MV40	<b>02:08:32</b>	+00:21:09
10th	161 Dominic McLarnon	Glens Runners	MV45	<b>02:09:17</b>	+00:21:54
11th	156 Peter McEvoy	Mourne Runners	M	<b>02:12:16</b>	+00:24:53
12th	147 Gareth Kelly	Armagh AC	MV45	<b>02:12:28</b>	+00:25:05
13th	145 Jonny Hobson	Dromore AC	MV45	<b>02:15:12</b>	+00:27:49
14th	141 Ben Flowers	Glens Runners	M	<b>02:17:51</b>	+00:30:28
15th	143 Gareth Hardy	North Down AC	MV45	<b>02:21:12</b>	+00:33:49
16th	158 Declan McGrellis	BARF	MV50	<b>02:21:15</b>	+00:33:52
17th	148 Tim Lowry	Glens Runners	MV50	<b>02:23:57</b>	+00:36:34
18th	132 Pearse Brogan	Newcastle and District AC	M	<b>02:27:52</b>	+00:40:29
19th	165 Ivan Millar	Mourne Runners	MV50	<b>02:28:45</b>	+00:41:22
20th	155 Naomi McCurry	Glens Runners	FV35	<b>02:34:44</b>	+00:47:21
21st	153 Sinead-Marie Mcallister	Larne AC	FV35	<b>02:35:01</b>	+00:47:38
22nd	133 Conan Brown	Glens Runners	M	<b>02:41:18</b>	+00:53:55
23rd	142 Aaron Gracey	BARF	M	<b>02:41:25</b>	+00:54:02
24th	175 Andrew Willis	Jog Lisburn Running Club	MV50	<b>02:43:43</b>	+00:56:20
25th	140 Shirley Farnan	BARF	FV55	<b>02:46:06</b>	+00:58:43
26th	174 Joanna Wheeler Connon	Glens Runners	FV40	<b>02:46:23</b>	+00:59:00
27th	146 Matt Jess	Jog Moira	MV45	<b>02:46:50</b>	+00:59:27
28th	136 Stephen Cassidy	Unattached	MV50	<b>02:54:28</b>	+01:07:05
29th	159 Matt McKinley	Unattached	M	<b>02:55:28</b>	+01:08:05
30th	157 Colin McGinty	Omagh Harriers	M	<b>03:02:01</b>	+01:14:38
31st	152 Wilson McAlister	Jog Moira	MV60	<b>03:02:08</b>	+01:14:45
32nd	131 David Bell	Mourne Runners	MV65	<b>03:05:55</b>	+01:18:32
33rd	166 Edward Murphy	Mourne Runners	MV40	<b>03:05:58</b>	+01:18:35
34th	163 Aine McNeill	Dromore AC	FV55	<b>03:06:38</b>	+01:19:15
35th	134 Clarke Campbell	BARF	MV55	<b>03:06:41</b>	+01:19:18
36th	154 Keith McAree	Armagh AC	MV50	<b>03:06:45</b>	+01:19:22
37th	151 Andrew Mc Gibbon	BARF	MV55	<b>03:20:34</b>	+01:33:11
38th	138 Sharon Dickenson	Mourne Runners	FV45	<b>03:38:15</b>	+01:50:52
39th	169 Catriona Shatwell	Team Runwell	FV55	<b>03:38:17</b>	+01:50:54
40th	160 Johnny McKinley	Dromore AC	MV55	<b>03:38:49</b>	+01:51:26
41st	170 John Sinton	Team Runwell	MV65	<b>03:38:53</b>	+01:51:30